

## **Gara d'Appalto per l'affidamento del servizio ristorazione, catering e bar dell'Istituto Universitario Europeo**

### **COME COMPORRE UN INSALATA**

## SMALL SALAD (SIDE DISH)

Please compose your salad with these ingredients only:



GREEN SALAD



RED SALAD



TOMATOES



CARROTS



MAIS

## LARGE SALAD (2<sup>nd</sup> COURSE & SIDE DISH)



GREEN SALAD



RED SALAD



CARROTS



TOMATOES



MAIS

**VEGETABLES:**  
 Always available



MOZZARELLA \*



TUNA \*



CHICKEN SALAD



HAM SALAD



TURKEY SALAD

**PROTEINS:**  
 These ingredients turn during the week (1 available per day)

\* AVAILABLE TO THE GRILL



BEANS



RED BEANS



BORLOTTI BEANS



SPELT



CHICKPEAS

**LEGUMS/CEREALS:**  
 These ingredients turn during the week (1 available per day)



MIXED VEGETABLES



BLACK OLIVES



MUSHROOMS



BETROOT



ONIONS

**OTHERS:**  
 These ingredients turn during the week (1 available per day)