

FAQ – movement limitations due to COVID19

1) CAN I MOVE WITHIN THE ITALIAN TERRITORY?

You can't leave your house except for *valid reasons*. Movement limitations are the same in all Italian regions and valid from 10 March to 3 April 2020. There will be checks by the police. Those who are quarantined or found positive to Covid-19 are strictly forbidden to leave their house. In case of signs of infection including respiratory symptoms or fever over 37.5°C (99.5°F) it is strongly recommended to stay at home, consult your doctor and minimize contact with other people.

2) WHAT ARE VALID REASONS FOR LEAVING MY HOUSE?

You can leave your house only for work, health, and situations of necessity. A [self-declaration](#) to prove these needs must be filled out. It can also be made on the spot by filling in forms provided by the police. The truthfulness of the statements can be subject to further checks.

3) THOSE WHO ARE OUTSIDE THEIR HOME OR PLACE OF RESIDENCE CAN COME BACK?

Yes, given that once you got there you can move only for work, health and necessity reasons [this is valid for the entire Italian territory].

4) IF I LIVE IN A “COMUNE” (council / local administrative authority) AND WORK IN A DIFFERENT ONE, CAN I GO "BACK AND FORTH"?

Yes, if you move for work reasons.

5) CAN I USE PUBLIC TRANSPORT?

There are no transport bans. All public and private means of transport operate regularly.

6) IS IT POSSIBLE TO GO OUT TO BUY GROCERIES?

Yes, and there is no need to stockpile food because grocery stores will be stocked regularly. There is no restriction on the transit of goods: all goods, not only essential ones, can circulate on the national territory.

6. CAN I GO OUT TO PURCHASE ITEMS WHICH ARE NOT FOOD?

Yes, but only in cases of strict necessity, so only to purchase goods that are related to primary needs that cannot be postponed. E.g.: you can buy a lightbulb if one broke, or a new phone if yours broke down, but not go clothes shopping just for fun.

7. CAN I GO OUT TO EAT / HANG OUT AT MY RELATIVES' / FRIENDS' PLACE?

No, because it is not a necessary movement and is not included in those which are authorised.

8. CAN I GO OUT TO TAKE CARE OF MY ELDERLY RELATIVES WHO ARE NOT SELF-SUFFICIENT?

Yes, but remember that the elderly are the most vulnerable people so try and protect them as much as possible from contacts.

9. IS IT ALLOWED TO DO SPORTS / PHYSICAL ACTIVITY OUTSIDE?

Sport and physical activities carried around your house are allowed as long as you respect the interpersonal distances of 1 metre. In any case, you must avoid congregations with people.

10. CAN I TAKE MY DOG OUT?

Yes, for the daily management of their physiological needs and for veterinary checks if needed

12. WHAT HAPPENS TO WHO DOES NOT ABIDE BY LIMITATIONS?

Violating the rules is punished with up to three months of arrest or with a fine of 206 euros, as foreseen by the penal code in case of not observing of a rule prescribed by the authorities. However, more severe penalties will be enforced for those who engage in behaviours that count as more serious alleged offences.