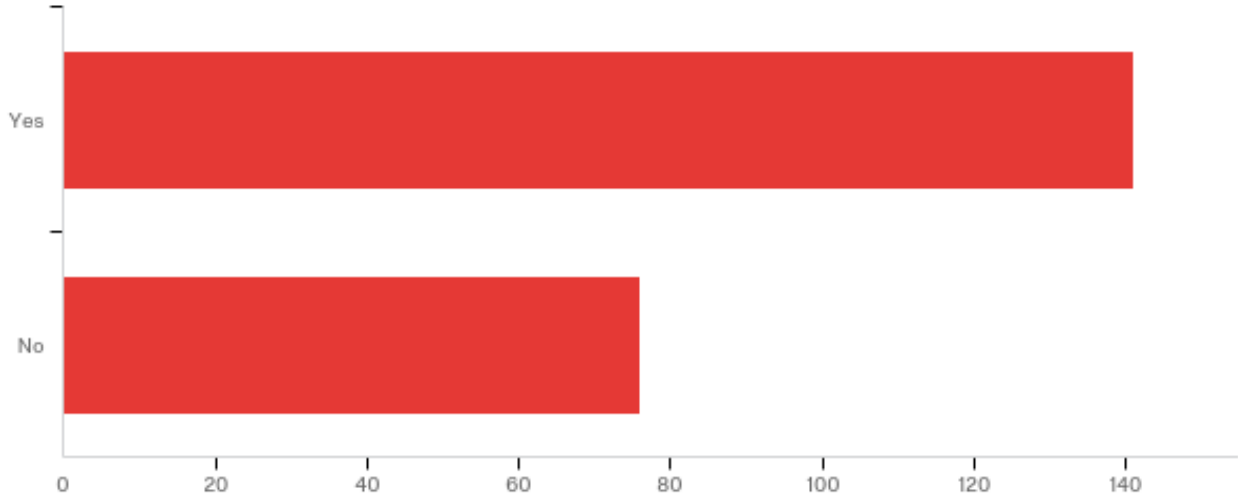


Aggregate Statistical Report:

Experience and Wellbeing Survey

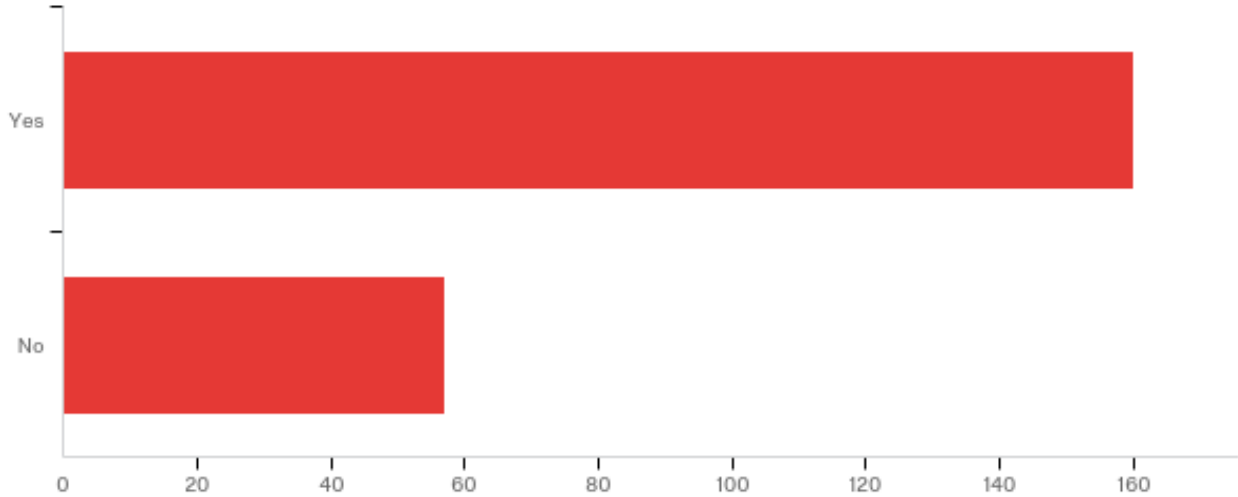
March 14th 2017

Q3 - In the past 12 months, have you had an emotional or stress-related problem that significantly affected your wellbeing and/or academic performance?



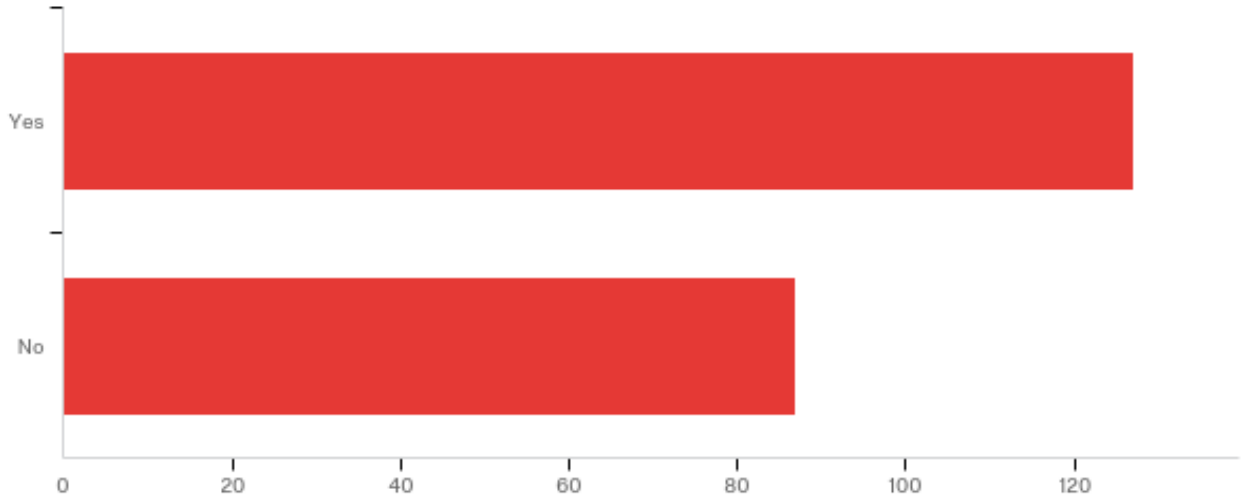
#	Answer	%	Count
1	Yes	64.98%	141
2	No	35.02%	76
	Total	100%	217

Q4 - Do you know of an EUI researcher who, in the past 12 months, has had an emotional or stress-related problem that significantly affected their wellbeing and/or academic performance?



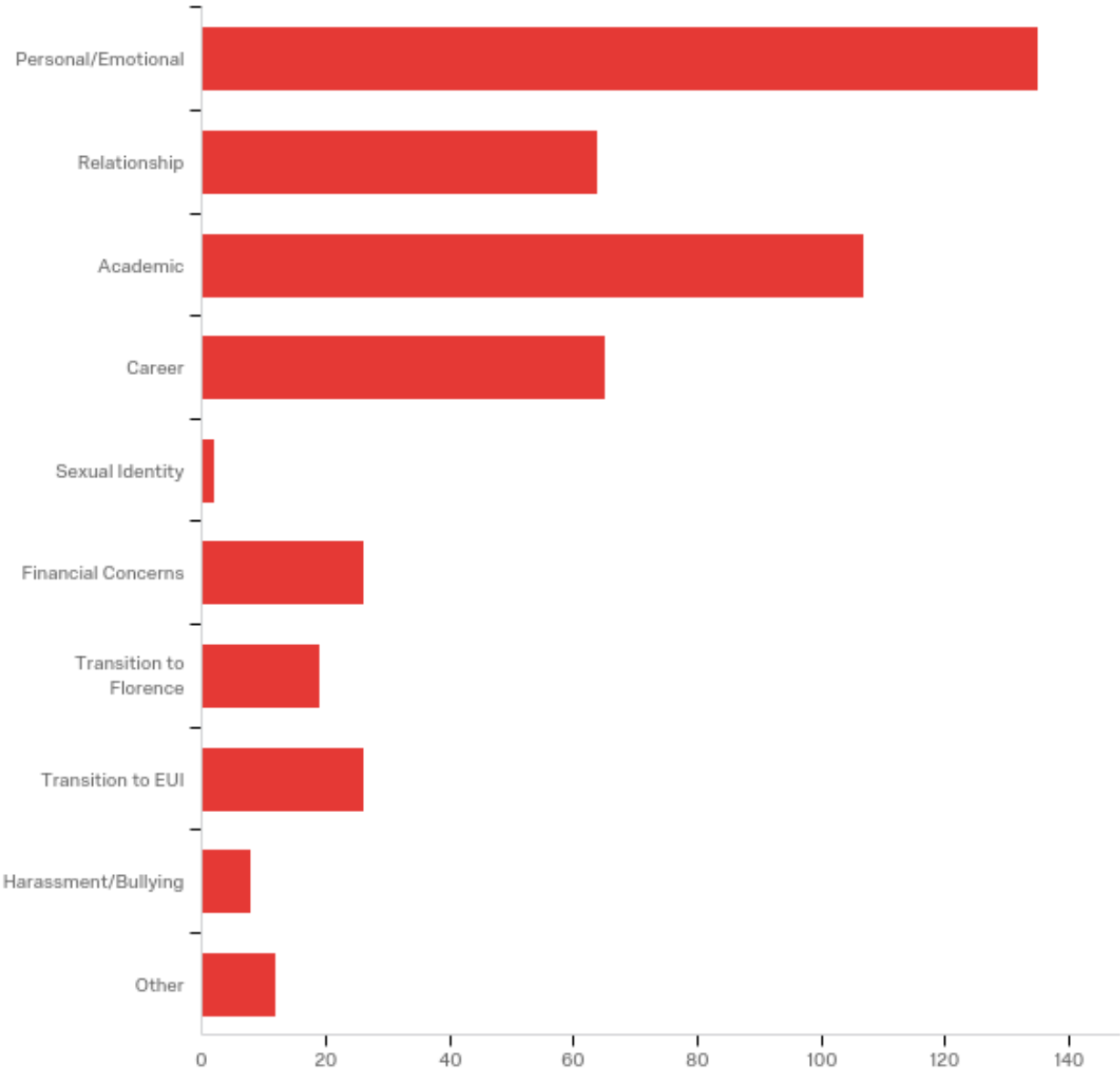
#	Answer	%	Count
1	Yes	73.73%	160
2	No	26.27%	57
	Total	100%	217

Q5 - In the past 12 months, have you ever thought about using mental health services, such as counsellors, psychologists, psychotherapists or psychiatrists?



#	Answer	%	Count
1	Yes	59.35%	127
2	No	40.65%	87
	Total	100%	214

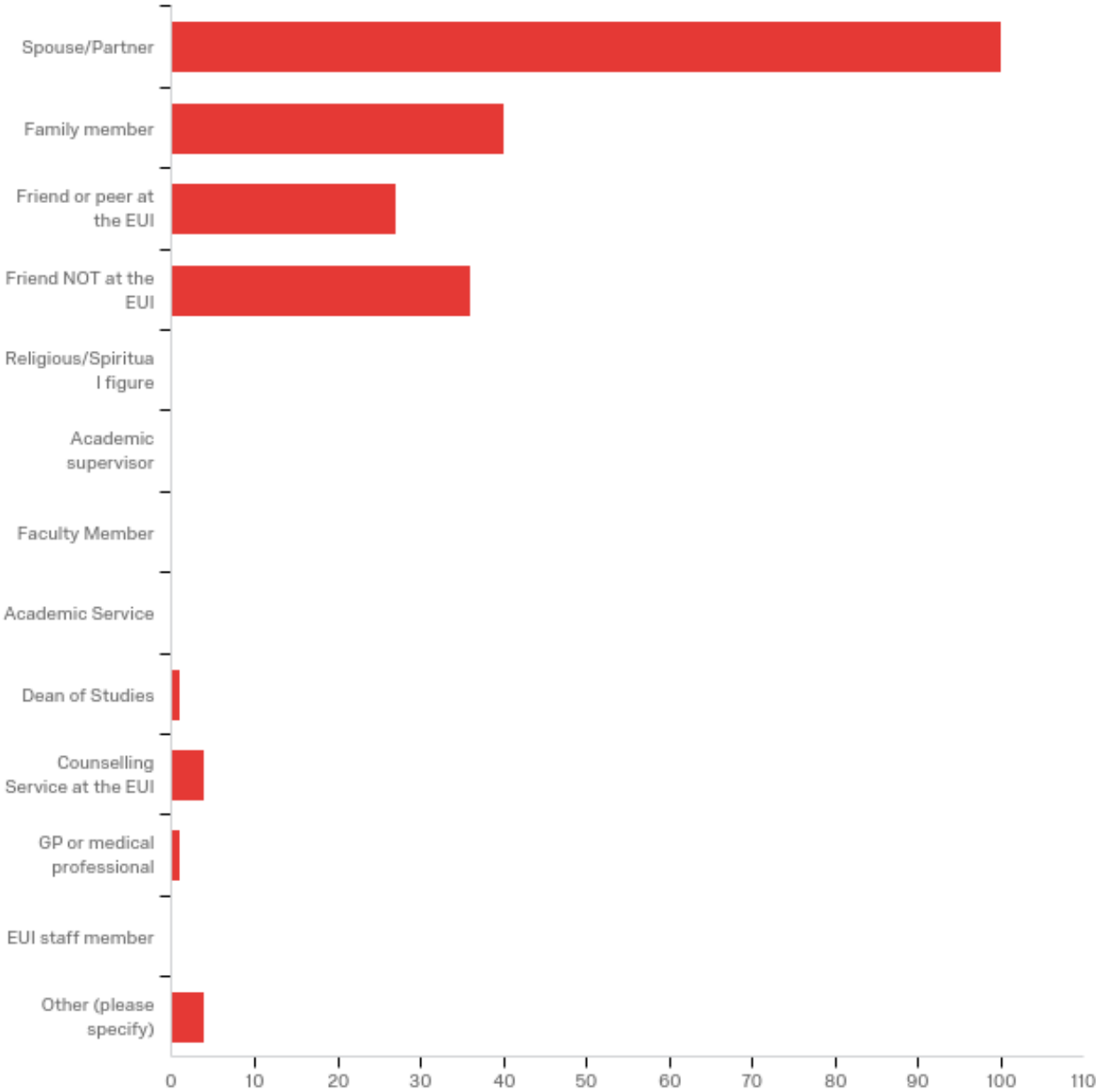
Q6 - If you considered seeking help in the past 12 months, what kinds of issues would you/did you seek help for?



#	Answer	%	Count
1	Personal/Emotional	78.95%	135
2	Relationship	37.43%	64
3	Academic	62.57%	107
4	Career	38.01%	65
5	Sexual Identity	1.17%	2

6	Financial Concerns	15.20%	26
7	Transition to Florence	11.11%	19
8	Transition to EUI	15.20%	26
9	Harassment/Bullying	4.68%	8
10	Other	7.02%	12
	Total	100%	171

Q7 - If you had an emotional or stress-related problem that you wanted to discuss with someone, to which of the following people would you go? FIRST person you would contact:



#	Answer	%	Count
1	Spouse/Partner	46.95%	100
2	Family member	18.78%	40
3	Friend or peer at the EUI	12.68%	27

4	Friend NOT at the EUI	16.90%	36
5	Religious/Spiritual figure	0.00%	0
6	Academic supervisor	0.00%	0
7	Faculty Member	0.00%	0
8	Academic Service	0.00%	0
9	Dean of Studies	0.47%	1
10	Counselling Service at the EUI	1.88%	4
11	GP or medical professional	0.47%	1
12	EUI staff member	0.00%	0
13	Other (please specify)	1.88%	4
	Total	100%	213

Other (please specify)

Other (please specify)

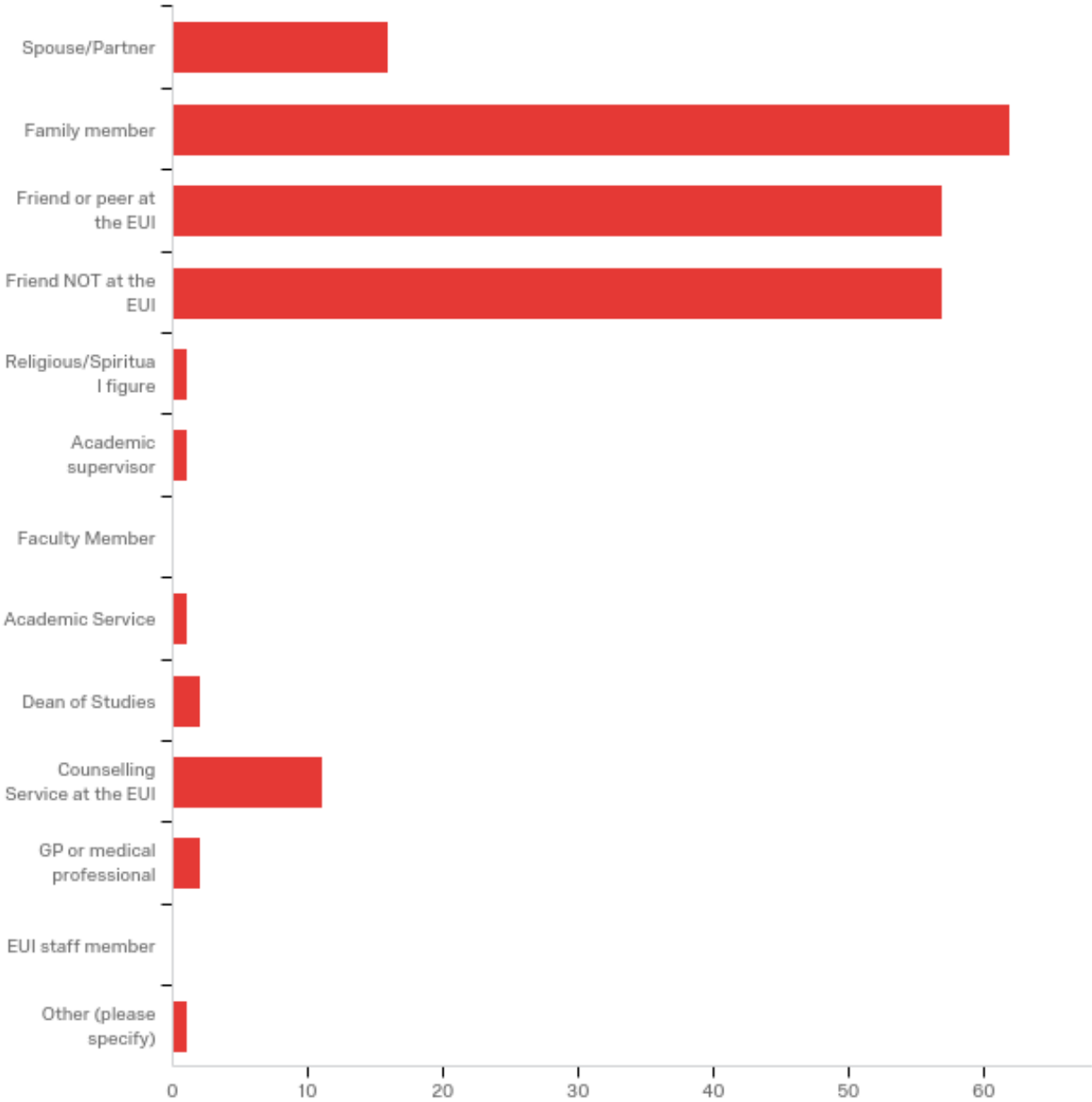
Friends

no one

Flatmate

Psychiatrist (OUTSIDE the eui)

Q67 - If you had an emotional or stress-related problem that you wanted to discuss with someone, to which of the following people would you go? SECOND person you would contact:



#	Answer	%	Count
1	Spouse/Partner	7.58%	16
2	Family member	29.38%	62
3	Friend or peer at the EUI	27.01%	57

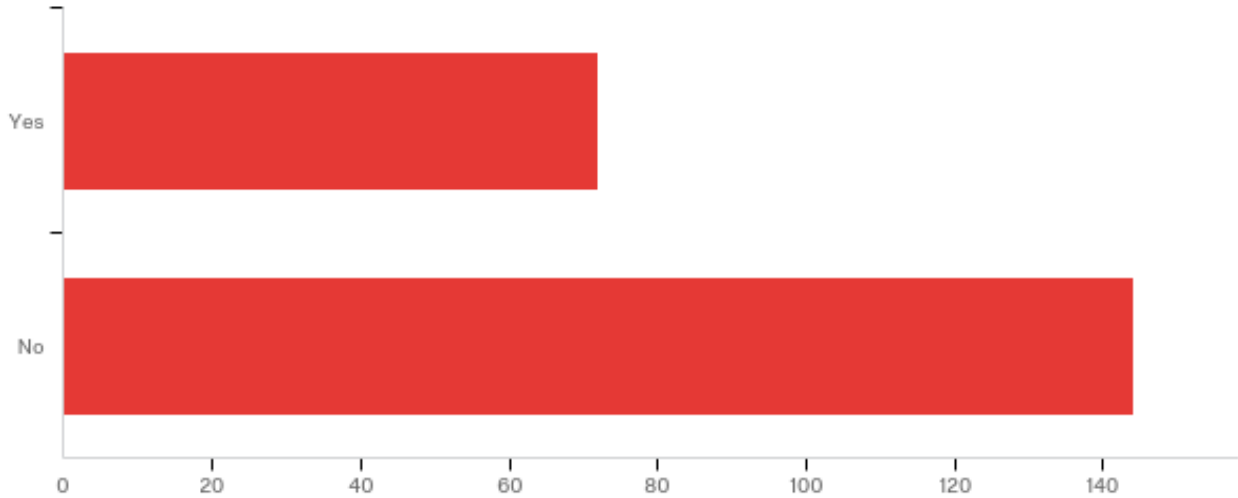
4	Friend NOT at the EUI	27.01%	57
5	Religious/Spiritual figure	0.47%	1
6	Academic supervisor	0.47%	1
7	Faculty Member	0.00%	0
8	Academic Service	0.47%	1
9	Dean of Studies	0.95%	2
10	Counselling Service at the EUI	5.21%	11
11	GP or medical professional	0.95%	2
12	EUI staff member	0.00%	0
13	Other (please specify)	0.47%	1
	Total	100%	211

Other (please specify)

Other (please specify)

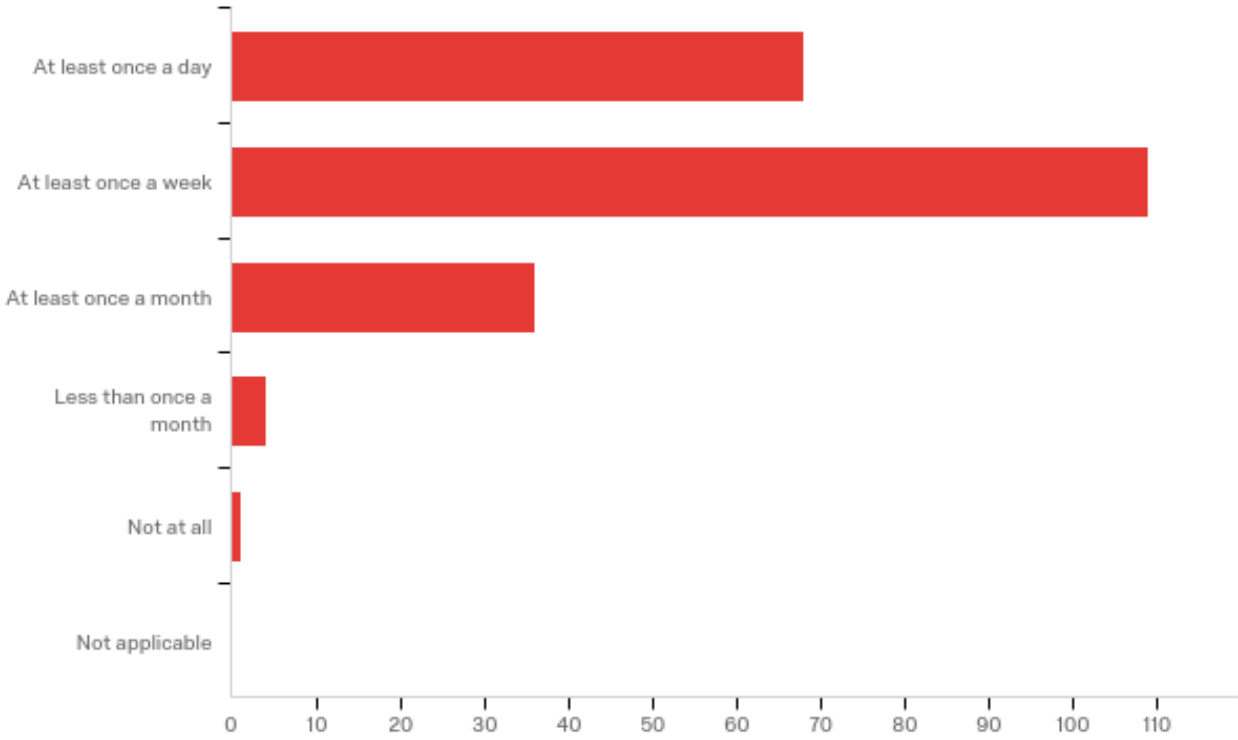
flatmates

Q8 - In the past 12 months has a supportive individual (friend, partner, family member) suggested that you seek counselling or psychiatric care?



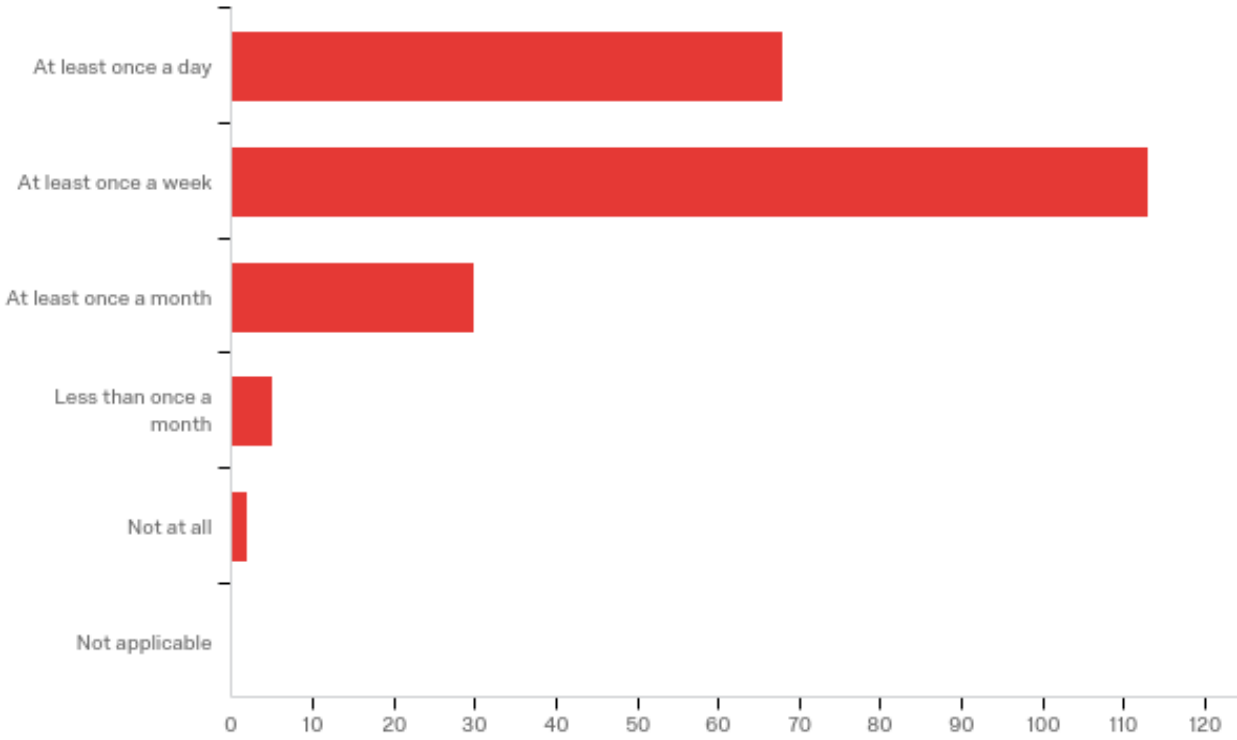
#	Answer	%	Count
1	Yes	33.33%	72
2	No	66.67%	144
	Total	100%	216

Q9 - In the past 12 months, how often (if ever) did you talk to a family member— including a quick phone call or email?



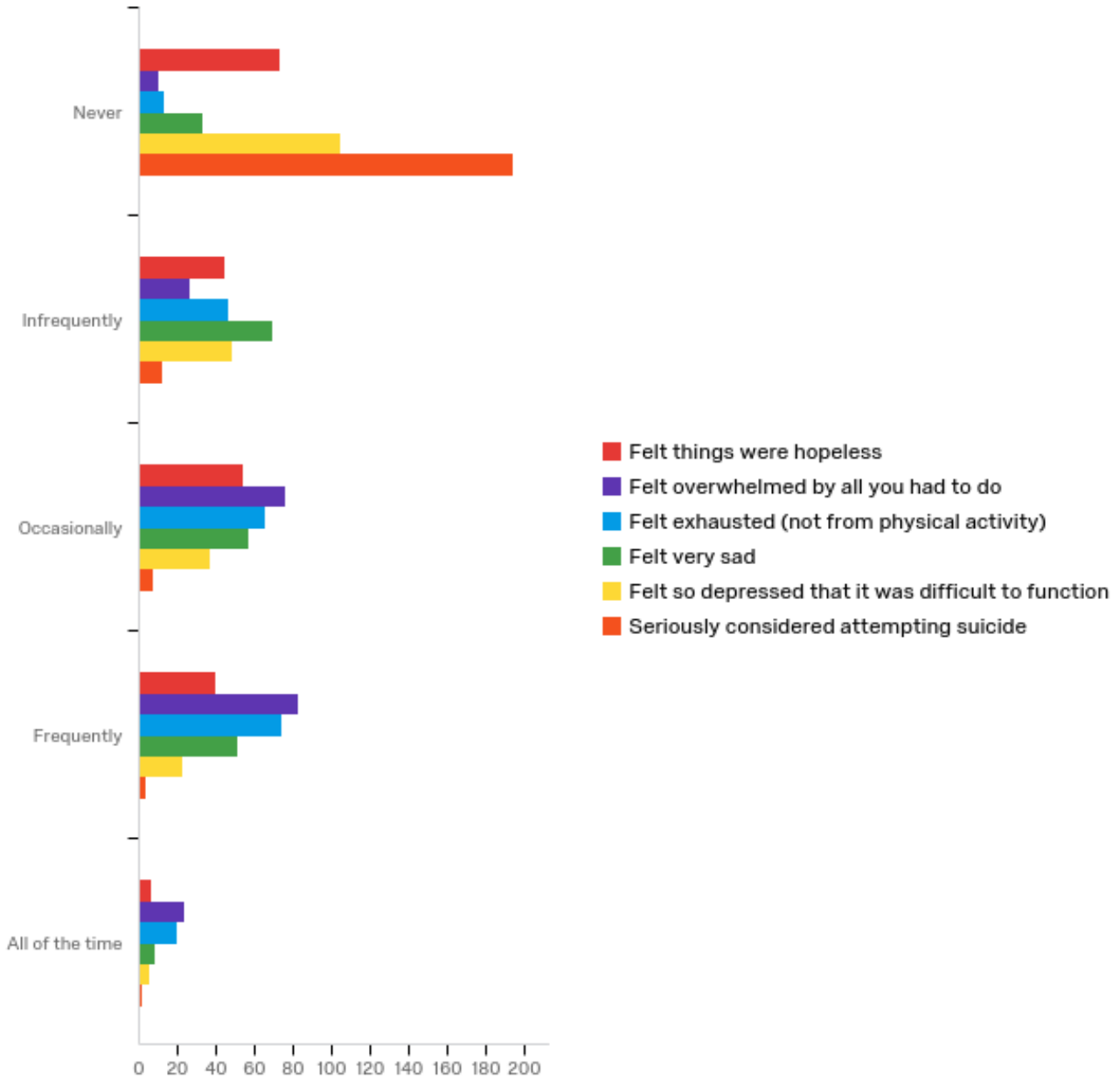
#	Answer	%	Count
1	At least once a day	31.19%	68
2	At least once a week	50.00%	109
3	At least once a month	16.51%	36
4	Less than once a month	1.83%	4
5	Not at all	0.46%	1
6	Not applicable	0.00%	0
	Total	100%	218

Q10 - In the past 12 months, how often (if ever) did you socialise with any of your close friends— including a quick phone call or encounter?



#	Answer	%	Count
1	At least once a day	31.19%	68
2	At least once a week	51.83%	113
3	At least once a month	13.76%	30
4	Less than once a month	2.29%	5
5	Not at all	0.92%	2
6	Not applicable	0.00%	0
	Total	100%	218

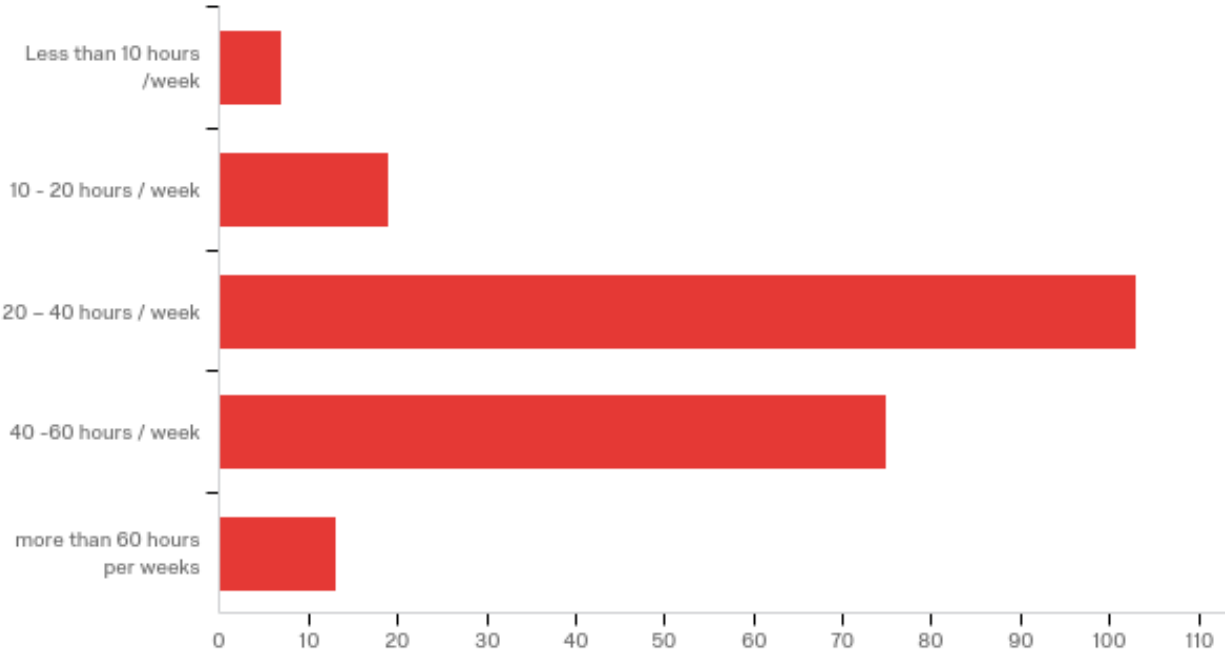
Q11 - In the past 12 months, how often have you:



#	Question	Never	Infrequently	Occasionally	Frequently	All of the time	Total
1	Felt things were hopeless	33.64% 73	20.28% 44	24.88% 54	18.43% 40	2.76% 6	217
2	Felt overwhelmed by all you had to do	4.59% 10	11.93% 26	34.86% 76	38.07% 83	10.55% 23	218
3	Felt exhausted (not from physical activity)	5.96% 13	21.10% 46	29.82% 65	33.94% 74	9.17% 20	218

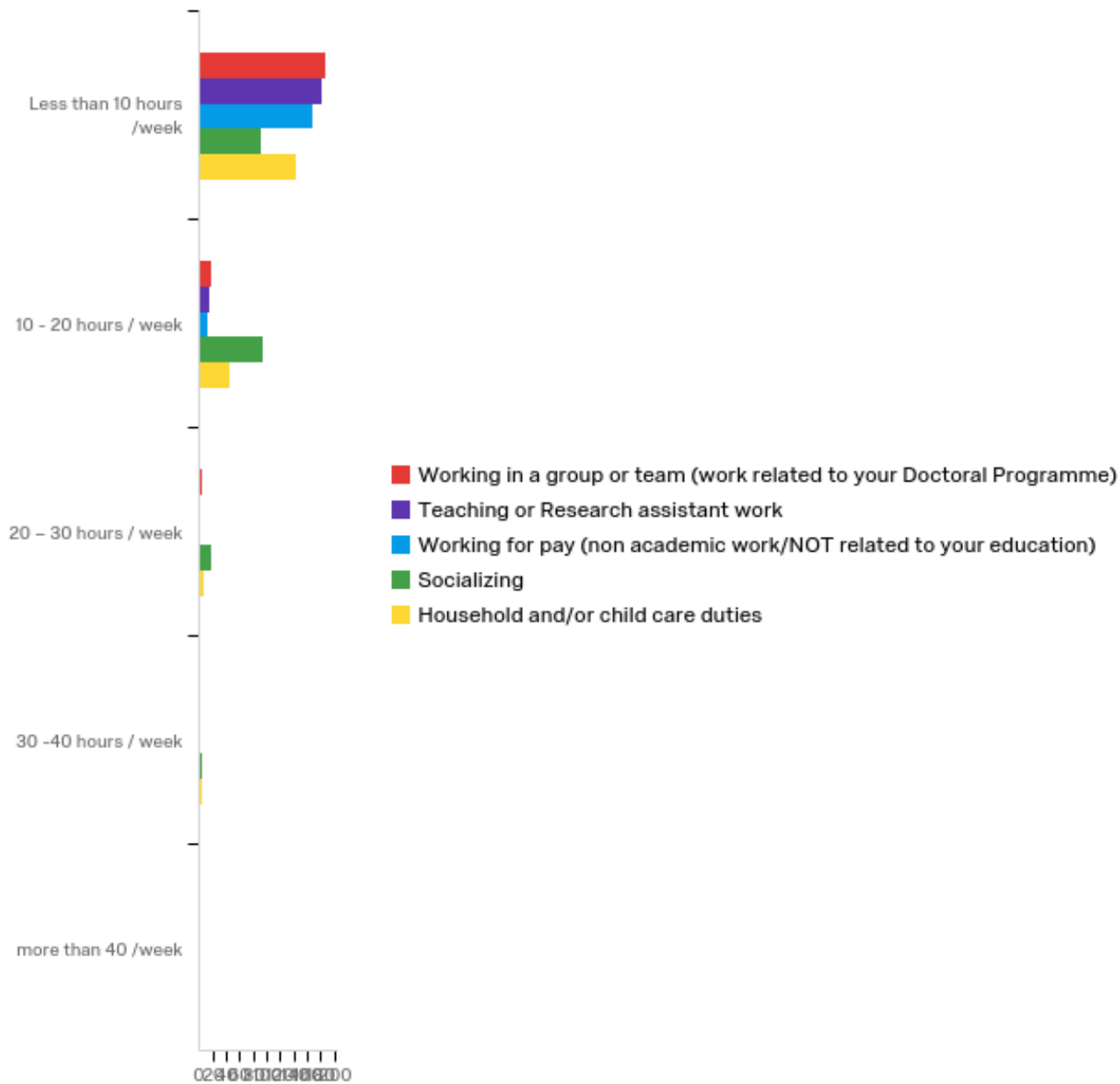
	physical activity)											
4	Felt very sad	15.14%	33	31.65%	69	26.15%	57	23.39%	51	3.67%	8	218
5	Felt so depressed that it was difficult to function	48.39%	105	22.12%	48	17.05%	37	10.14%	22	2.30%	5	217
6	Seriously considered attempting suicide	89.40%	194	5.53%	12	3.23%	7	1.38%	3	0.46%	1	217

Q13 - Working or studying alone (work related to your Doctoral Programme)



#	Answer	%	Count
1	Less than 10 hours /week	3.23%	7
2	10 - 20 hours / week	8.76%	19
3	20 – 40 hours / week	47.47%	103
4	40 -60 hours / week	34.56%	75
5	more than 60 hours per weeks	5.99%	13
	Total	100%	217

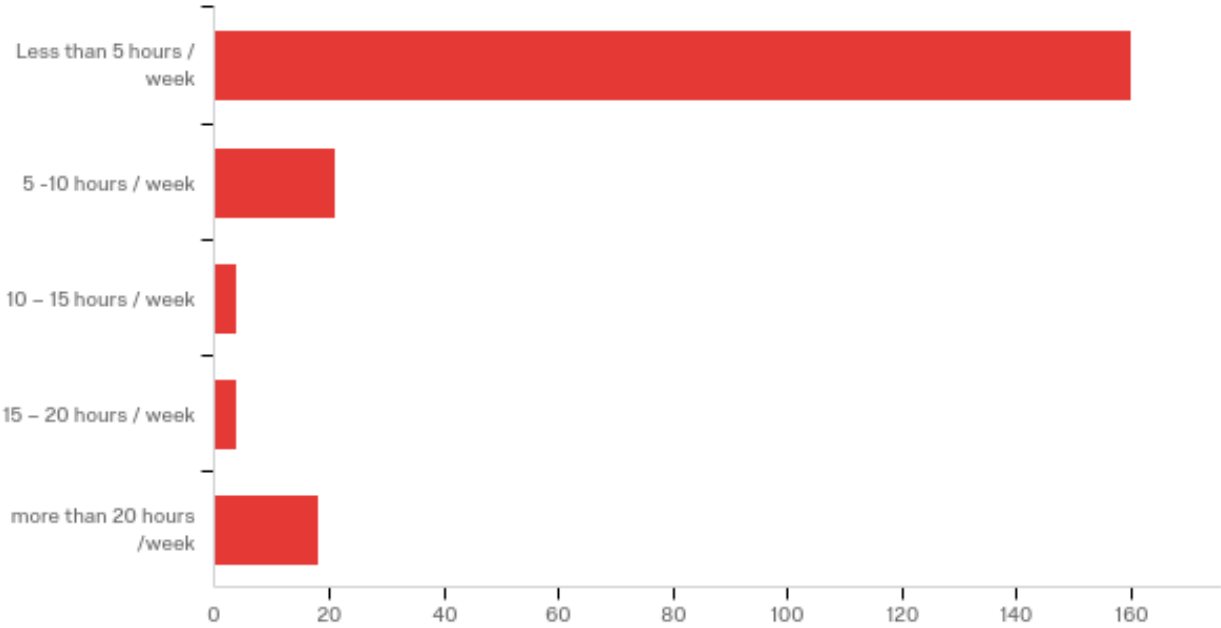
Q14 - Working in a group or team (work related to your doctoral programme)



#	Question	Less than 10 hours /week	10 - 20 hours / week	20 – 30 hours / week	30 -40 hours / week	more than 40 /week	Total
1	Working in a group or team (work related to your Doctoral Programme)	88.63% 187	9.00% 19	1.42% 3	0.00% 0	0.95% 2	211
2	Teaching or Research assistant work	90.55% 182	7.96% 16	0.50% 1	0.50% 1	0.50% 1	201
3	Working for pay (non-academic work/NOT	91.30% 168	6.52% 12	1.09% 2	0.00% 0	1.09% 2	184

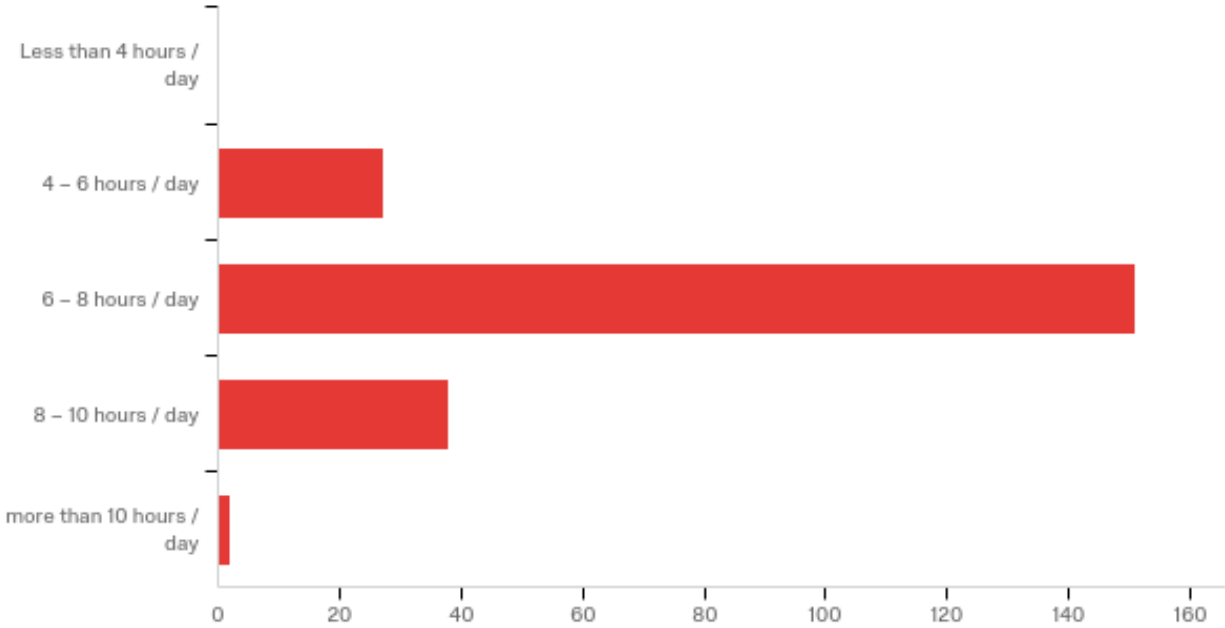
	related to your education)											
4	Socializing	44.02%	92	45.45%	95	8.61%	18	1.44%	3	0.48%	1	209
5	Household and/or child care duties	71.50%	143	22.00%	44	3.50%	7	2.00%	4	1.00%	2	200

Q15 - Working individually with faculty (work related to your doctoral programme)



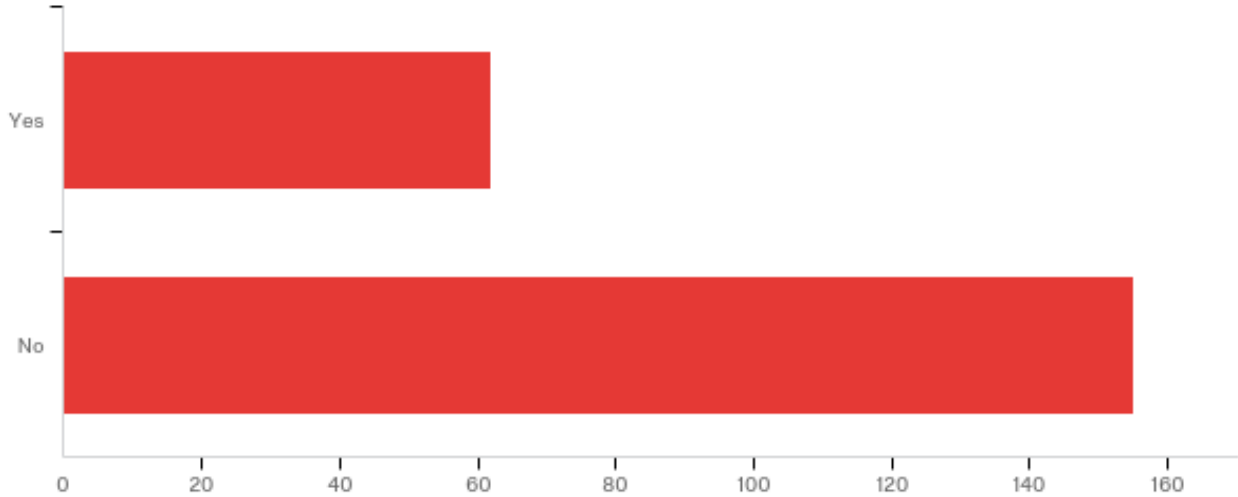
#	Answer	%	Count
1	Less than 5 hours / week	77.29%	160
2	5 -10 hours / week	10.14%	21
3	10 – 15 hours / week	1.93%	4
4	15 – 20 hours / week	1.93%	4
5	more than 20 hours /week	8.70%	18
	Total	100%	207

Q20 - Sleeping / day



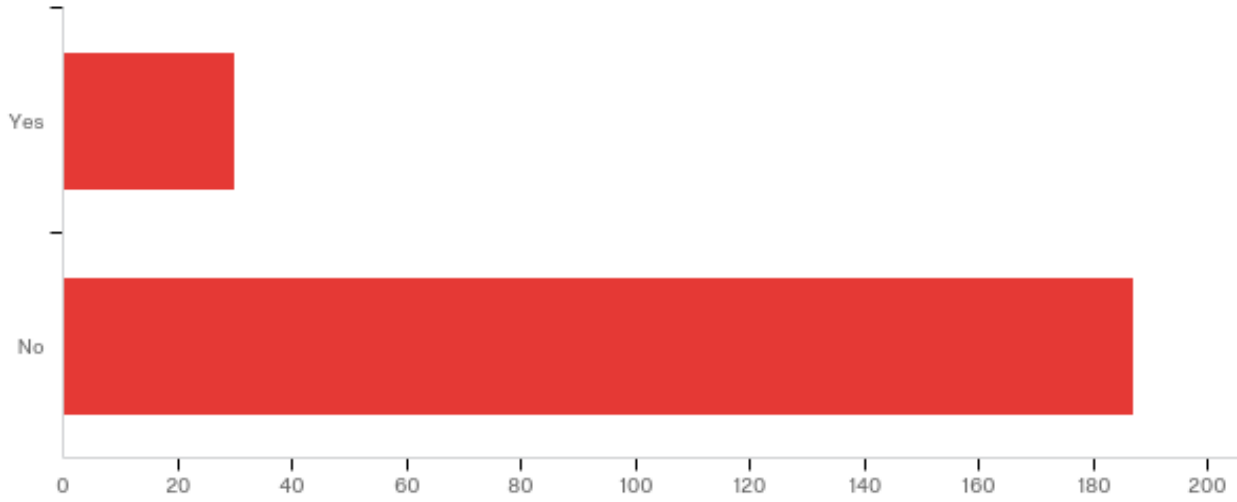
#	Answer	%	Count
1	Less than 4 hours / day	0.00%	0
2	4 - 6 hours / day	12.39%	27
3	6 - 8 hours / day	69.27%	151
4	8 - 10 hours / day	17.43%	38
5	more than 10 hours / day	0.92%	2
	Total	100%	218

Q22 - Have you ever used the counselling services at the EUI?



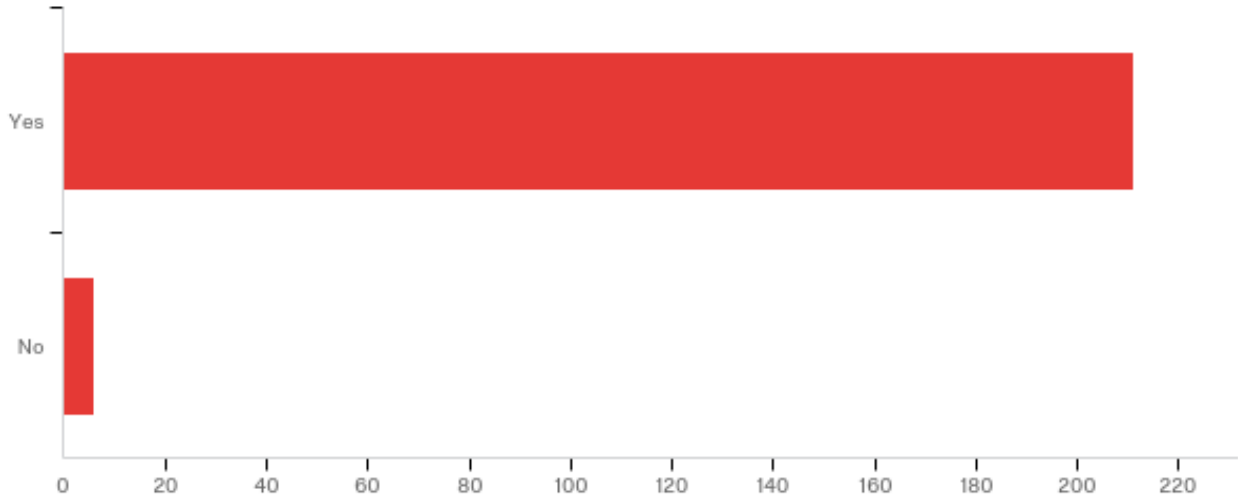
#	Answer	%	Count
1	Yes	28.57%	62
2	No	71.43%	155
	Total	100%	217

Q23 - While studying at the EUI, have you ever sought off-campus counselling or mental health services on your own (WITHOUT a referral from EUI staff or faculty member)?



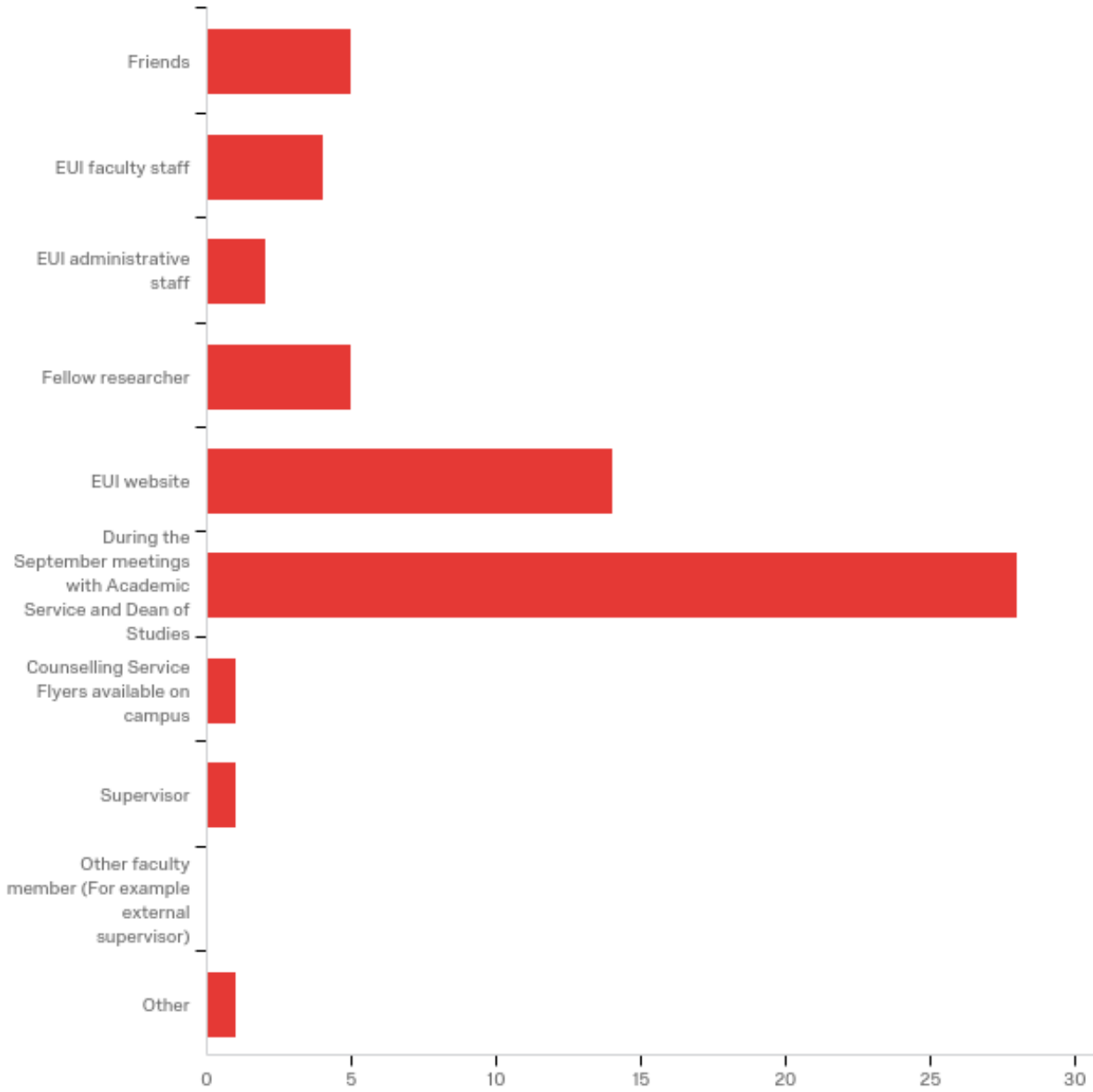
#	Answer	%	Count
1	Yes	13.82%	30
2	No	86.18%	187
	Total	100%	217

Q24 - Before filling out this survey, were you aware that the EUI has counselling services available to all researchers and partners?



#	Answer	%	Count
1	Yes	97.24%	211
2	No	2.76%	6
	Total	100%	217

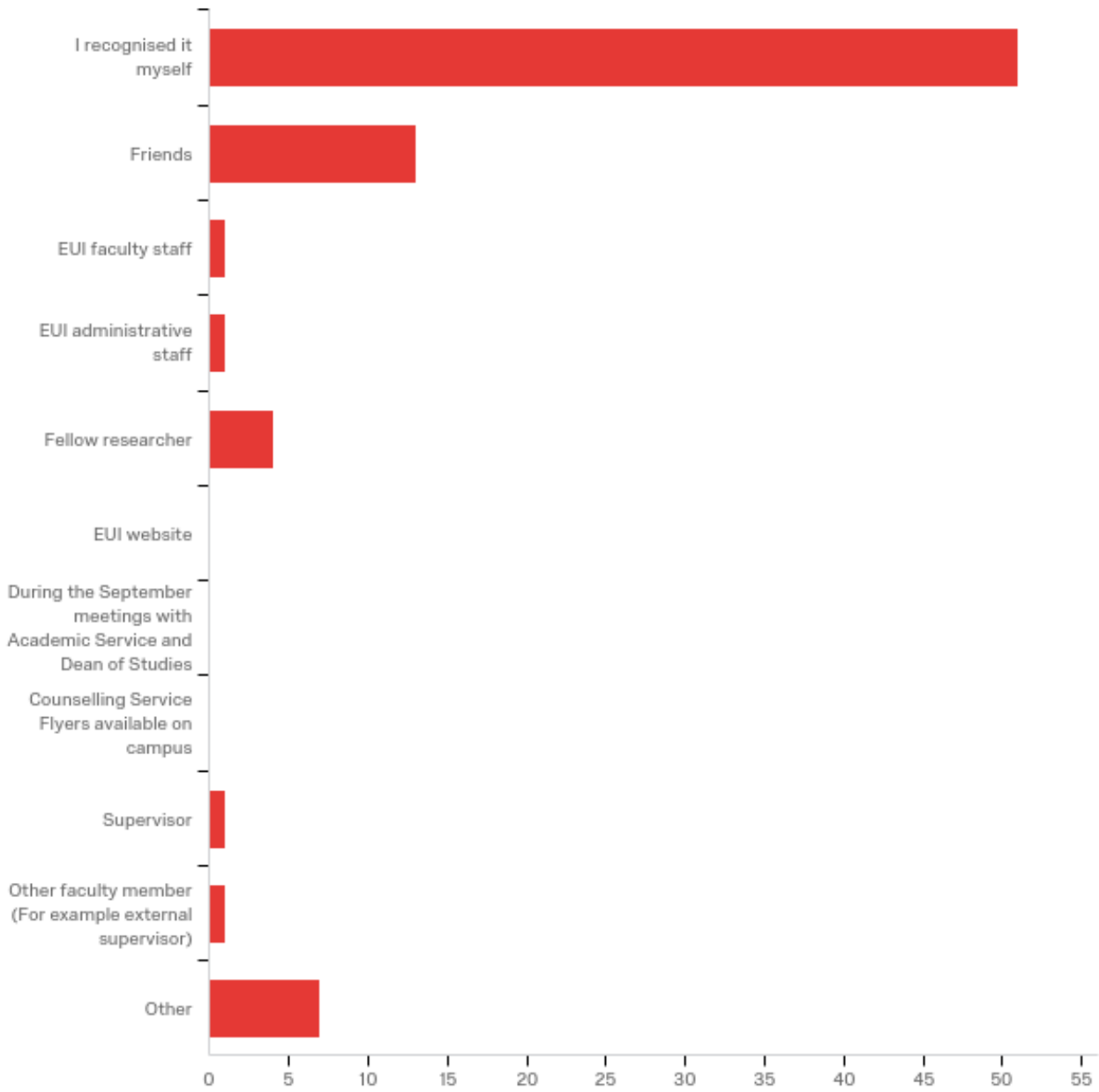
Q25 - How did you hear about counselling services at the EUI?



#	Answer	%	Count
1	Friends	8.20%	5
2	EUI faculty staff	6.56%	4
3	EUI administrative staff	3.28%	2
4	Fellow researcher	8.20%	5
5	EUI website	22.95%	14

6	During the September meetings with Academic Service and Dean of Studies	45.90%	28
7	Counselling Service Flyers available on campus	1.64%	1
8	Supervisor	1.64%	1
9	Other faculty member (For example external supervisor)	0.00%	0
10	Other	1.64%	1
	Total	100%	61

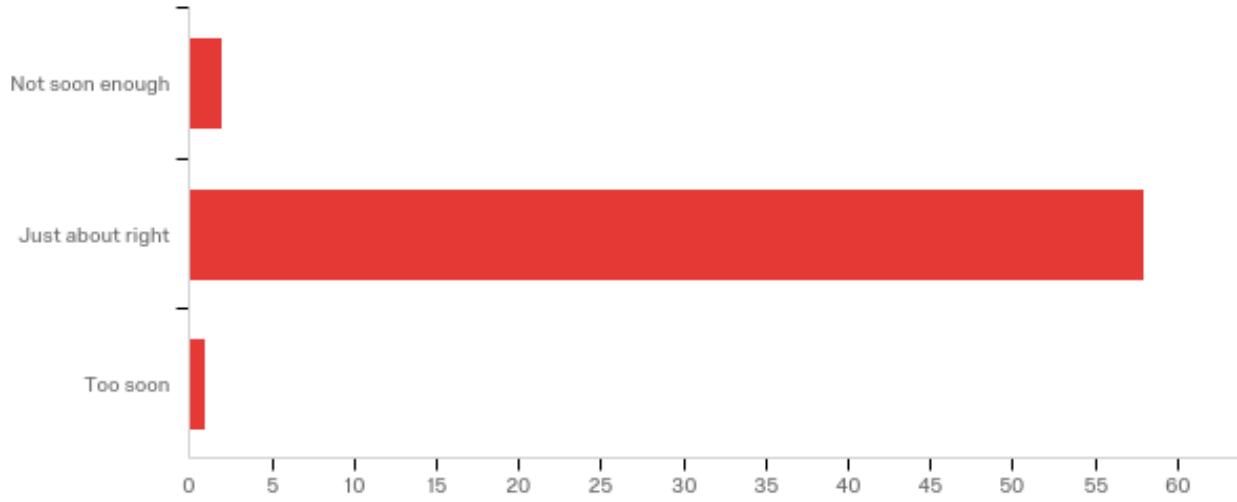
Q26 - Who suggested that you should attend the EUI Counselling and Wellbeing Service?



#	Answer	%	Count
1	I recognised it myself	83.61%	51
2	Friends	21.31%	13
3	EUI faculty staff	1.64%	1
4	EUI administrative staff	1.64%	1
5	Fellow researcher	6.56%	4

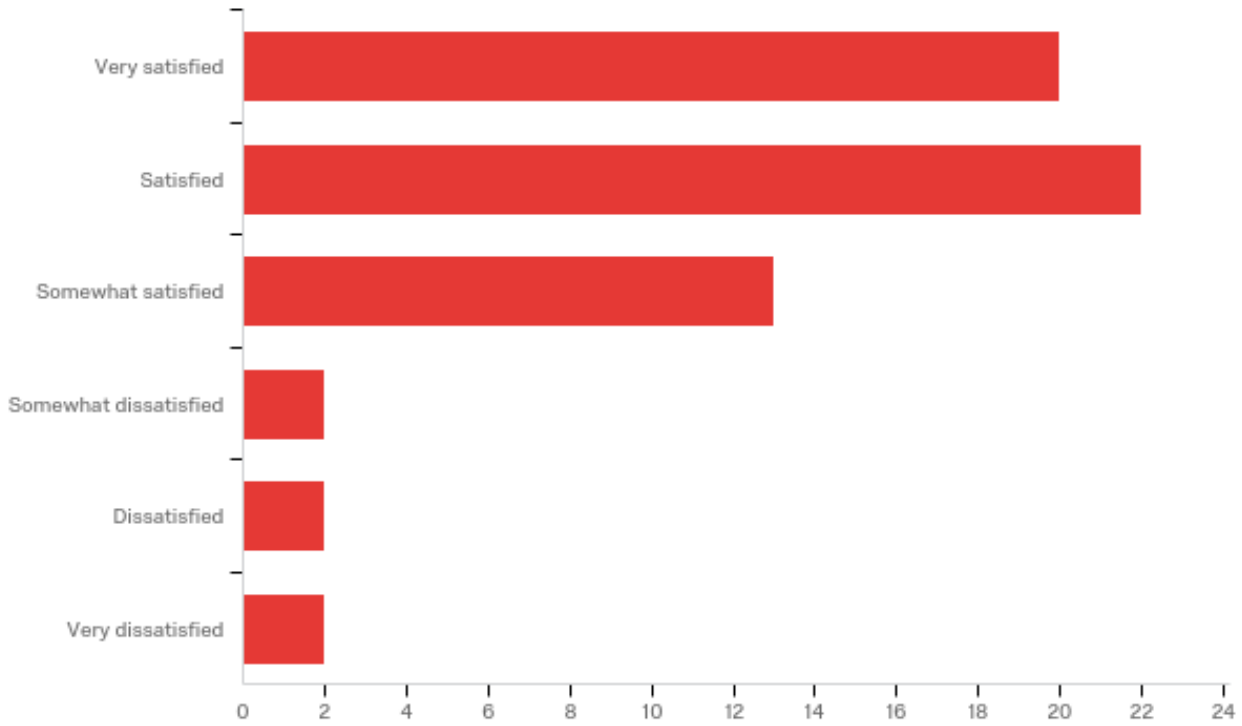
6	EUI website	0.00%	0
7	During the September meetings with Academic Service and Dean of Studies	0.00%	0
8	Counselling Service Flyers available on campus	0.00%	0
9	Supervisor	1.64%	1
10	Other faculty member (For example external supervisor)	1.64%	1
11	Other	11.48%	7
	Total	100%	61

Q29 - How soon after its scheduling was your initial appointment with a counsellor at the EUI?



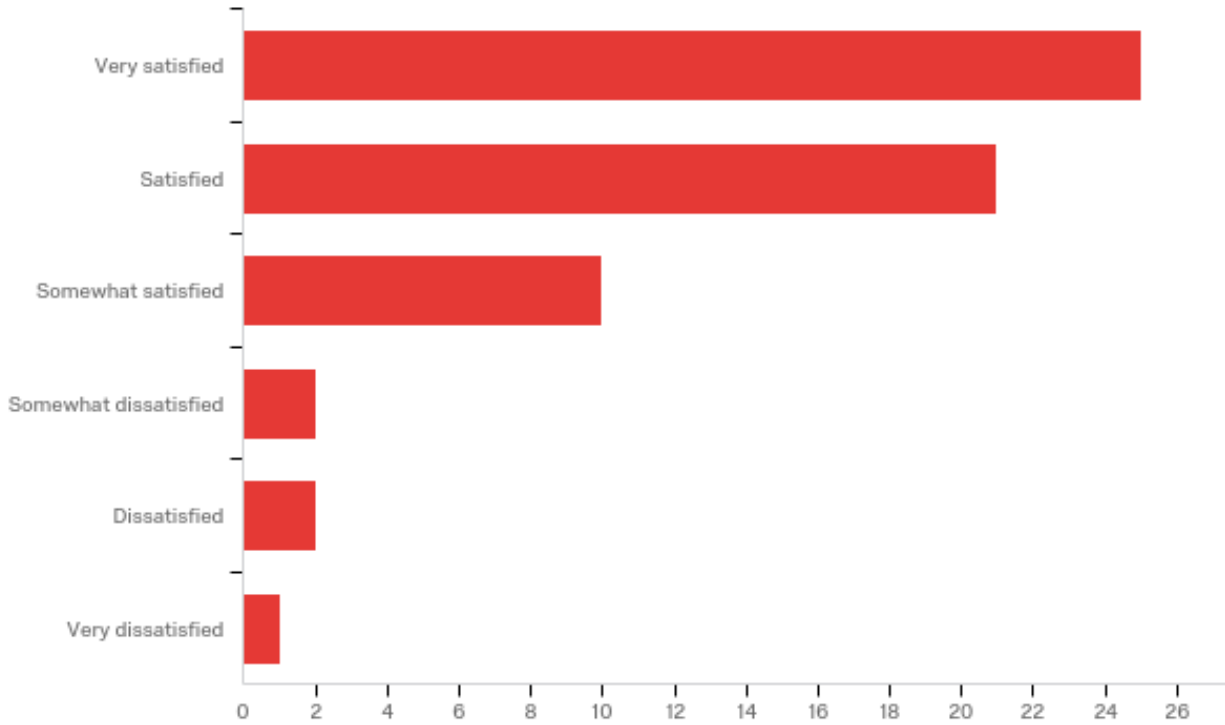
#	Answer	%	Count
1	Not soon enough	3.28%	2
2	Just about right	95.08%	58
3	Too soon	1.64%	1
	Total	100%	61

Q30 - Overall, how satisfied/dissatisfied are you with the services you received at the Counselling and Wellbeing Service at the EUI?



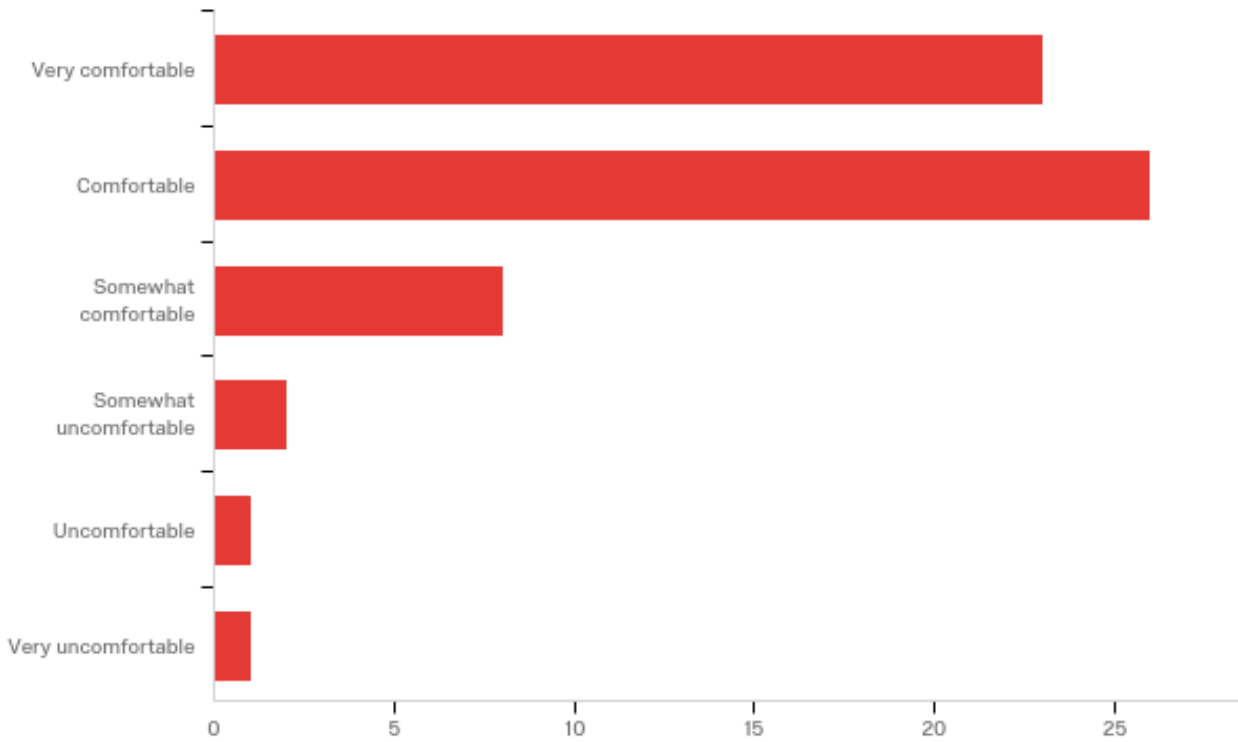
#	Answer	%	Count
1	Very satisfied	32.79%	20
2	Satisfied	36.07%	22
3	Somewhat satisfied	21.31%	13
4	Somewhat dissatisfied	3.28%	2
5	Dissatisfied	3.28%	2
6	Very dissatisfied	3.28%	2
	Total	100%	61

Q31 - Overall, how satisfied/dissatisfied are you with the counsellor you saw?



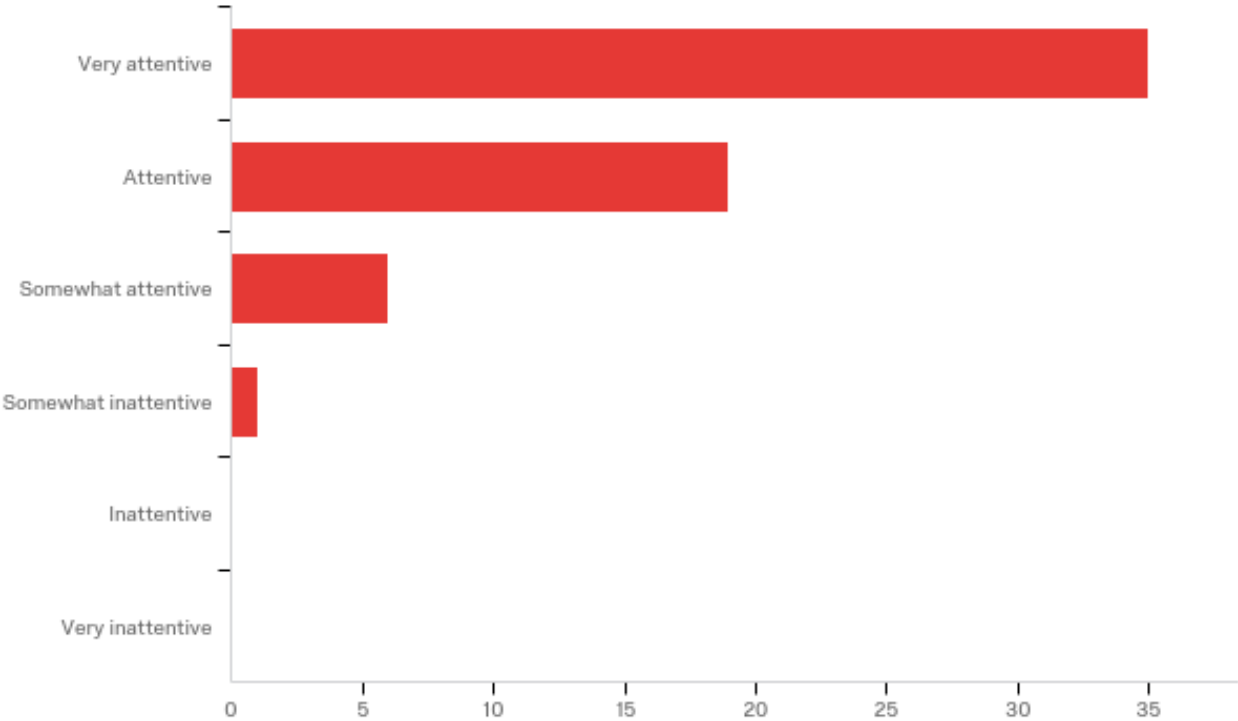
#	Answer	%	Count
1	Very satisfied	40.98%	25
2	Satisfied	34.43%	21
3	Somewhat satisfied	16.39%	10
4	Somewhat dissatisfied	3.28%	2
5	Dissatisfied	3.28%	2
6	Very dissatisfied	1.64%	1
	Total	100%	61

Q80 - How comfortable/uncomfortable are you with the counsellor you saw?



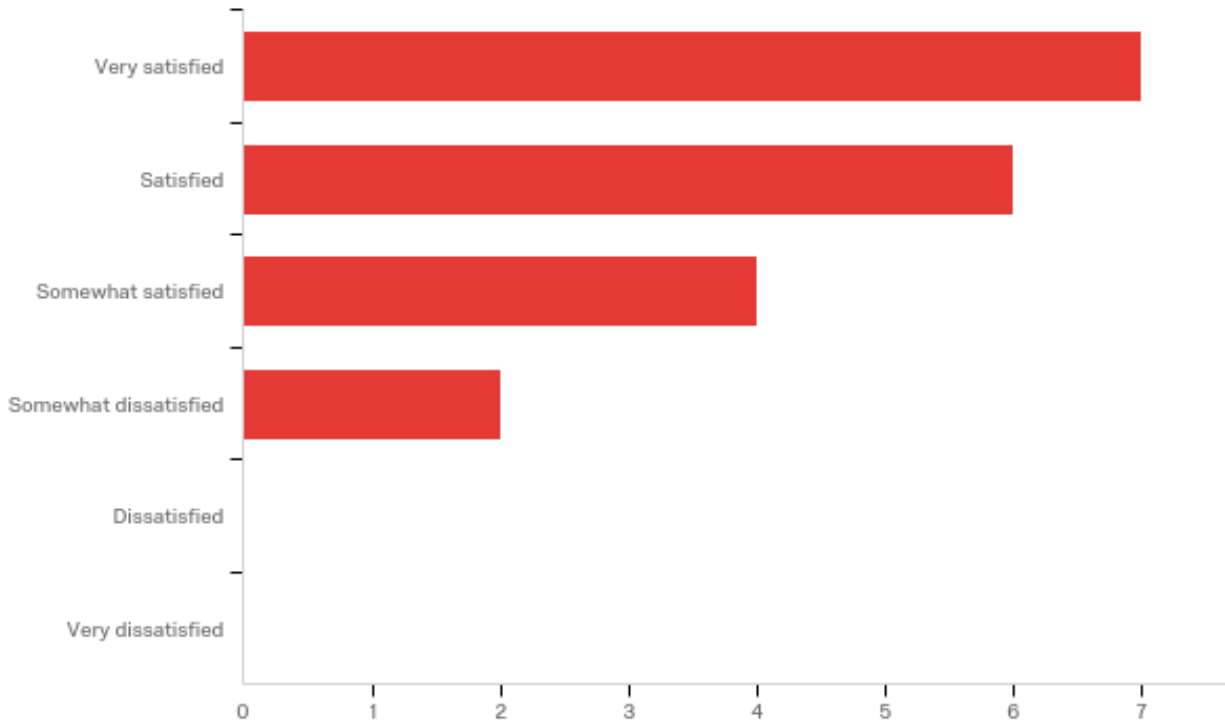
#	Answer	%	Count
1	Very comfortable	37.70%	23
2	Comfortable	42.62%	26
3	Somewhat comfortable	13.11%	8
4	Somewhat uncomfortable	3.28%	2
5	Uncomfortable	1.64%	1
6	Very uncomfortable	1.64%	1
	Total	100%	61

Q32 - How attentive/inattentive do you feel your counsellor was to your concerns?



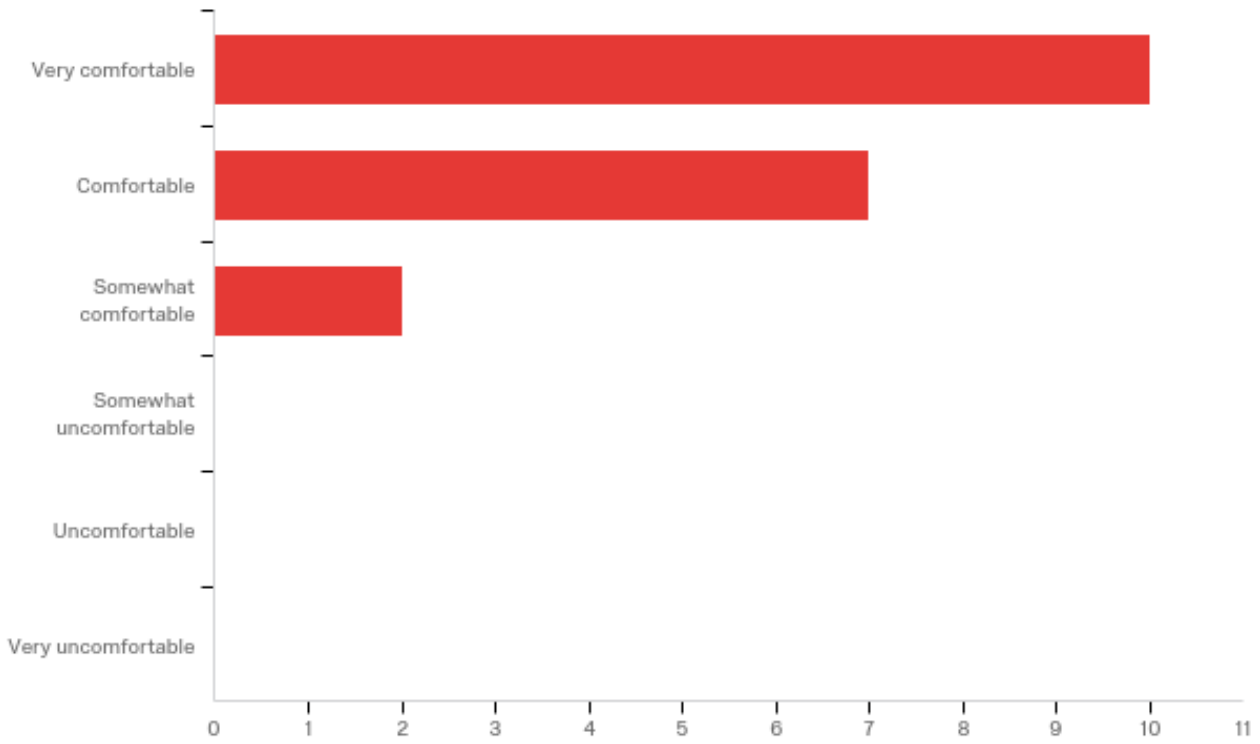
#	Answer	%	Count
1	Very attentive	57.38%	35
2	Attentive	31.15%	19
3	Somewhat attentive	9.84%	6
4	Somewhat inattentive	1.64%	1
5	Inattentive	0.00%	0
6	Very inattentive	0.00%	0
	Total	100%	61

Q76 - If you were referred to the Psychiatrist by the EUI Counselling and Wellbeing Service how satisfied/dissatisfied are you with the psychiatrist you saw?



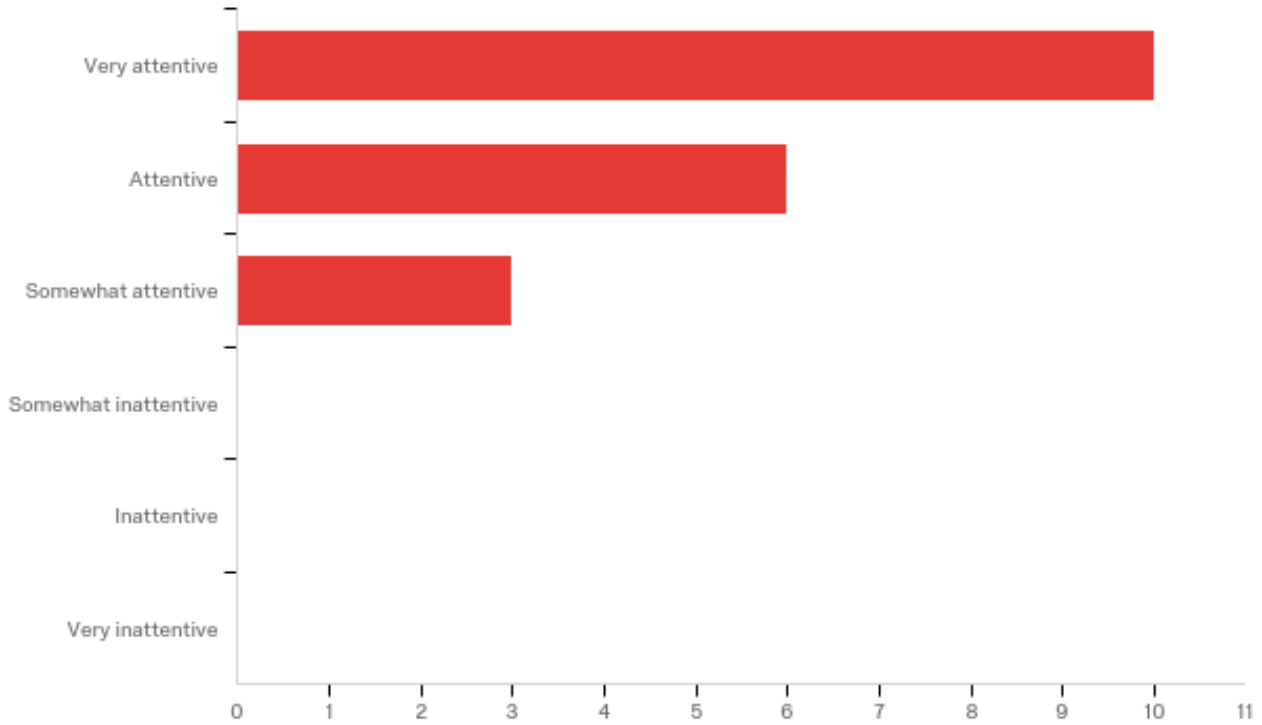
#	Answer	%	Count
1	Very satisfied	36.84%	7
2	Satisfied	31.58%	6
3	Somewhat satisfied	21.05%	4
4	Somewhat dissatisfied	10.53%	2
5	Dissatisfied	0.00%	0
6	Very dissatisfied	0.00%	0
	Total	100%	19

Q78 - How comfortable/uncomfortable did you feel talking to the psychiatrist you saw?



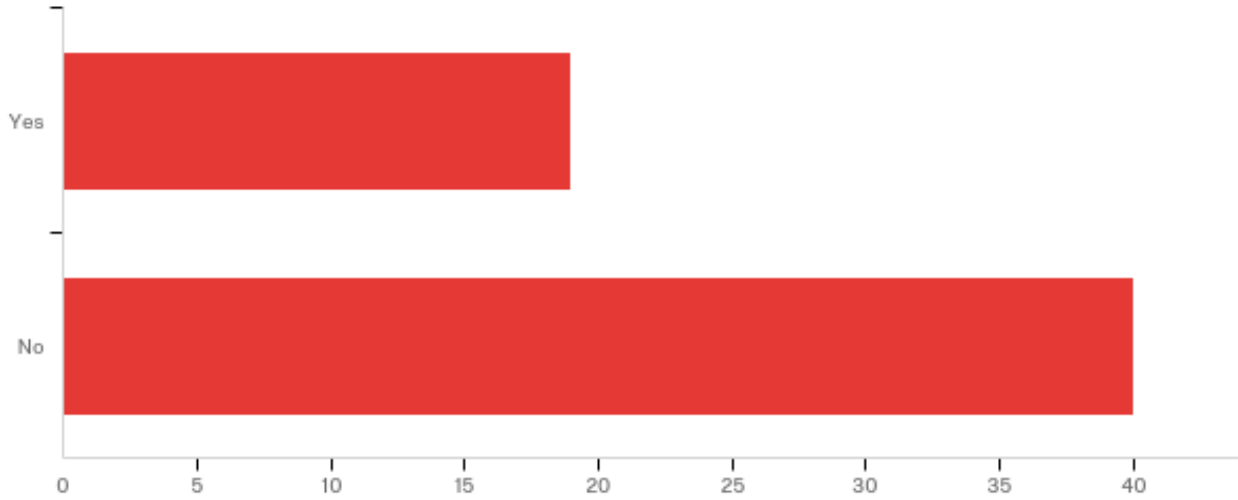
#	Answer	%	Count
1	Very comfortable	52.63%	10
2	Comfortable	36.84%	7
3	Somewhat comfortable	10.53%	2
4	Somewhat uncomfortable	0.00%	0
5	Uncomfortable	0.00%	0
6	Very uncomfortable	0.00%	0
	Total	100%	19

Q79 - How attentive/inattentive do you feel your psychiatrist was to your concerns?



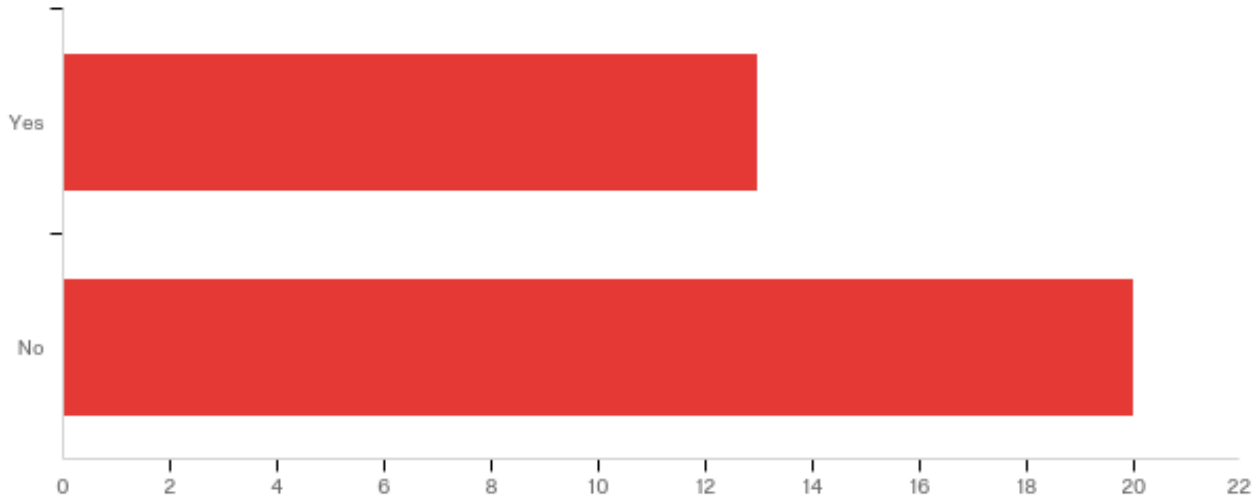
#	Answer	%	Count
1	Very attentive	52.63%	10
2	Attentive	31.58%	6
3	Somewhat attentive	15.79%	3
4	Somewhat inattentive	0.00%	0
5	Inattentive	0.00%	0
6	Very inattentive	0.00%	0
	Total	100%	19

Q34 - Were you referred by the EUI Counselling and Wellbeing Service to a non-EUI mental health professional?



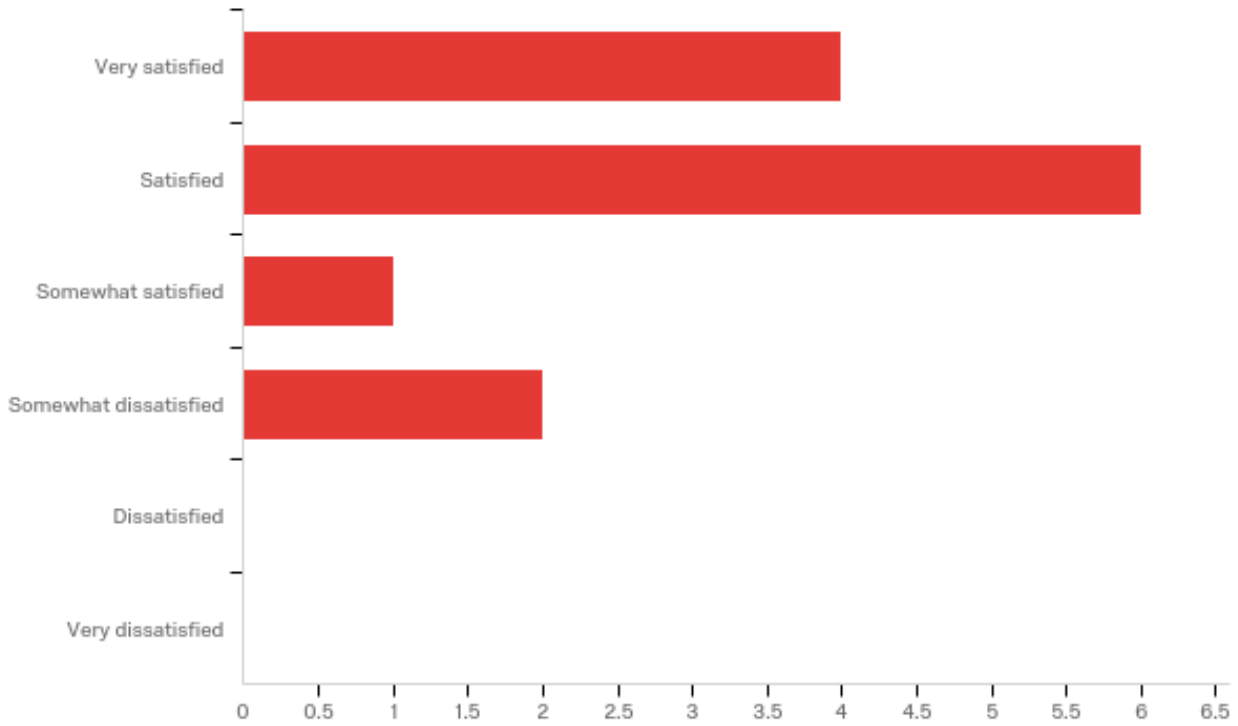
#	Answer	%	Count
1	Yes	32.20%	19
2	No	67.80%	40
	Total	100%	59

Q35 - Did you follow-up with the referral to the non-EUI Mental Health professional?



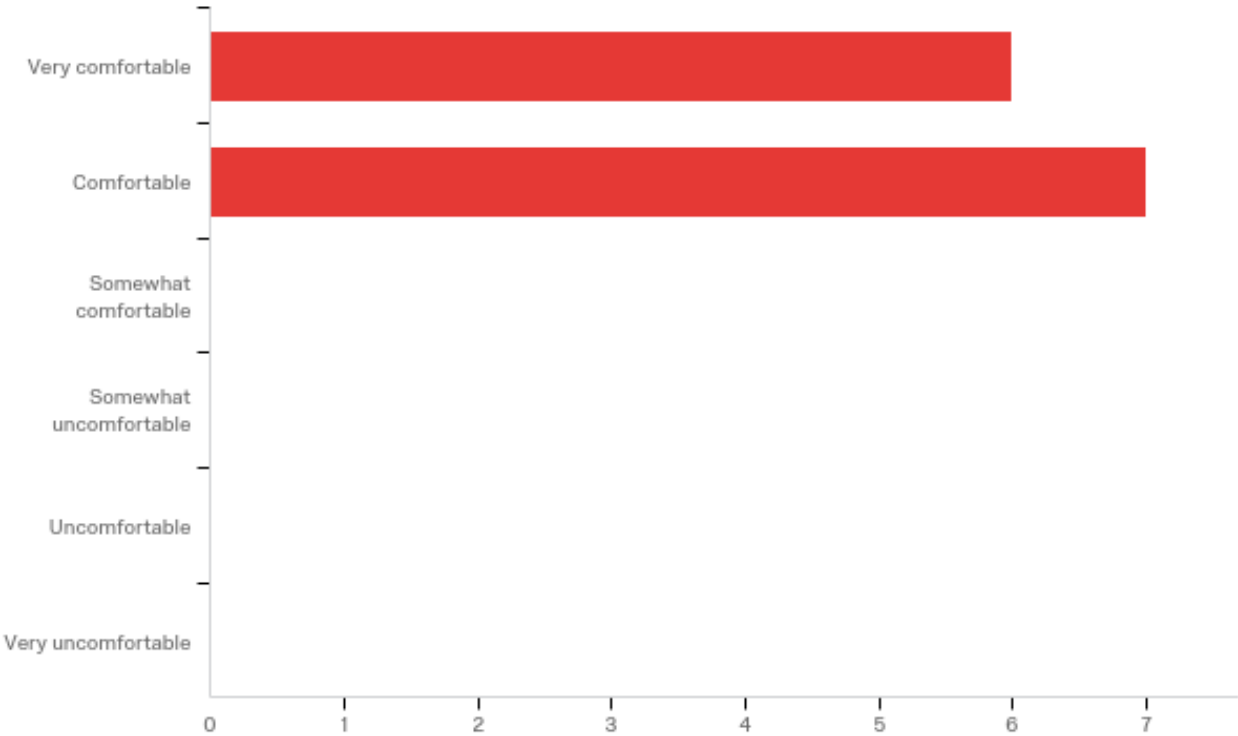
#	Answer	%	Count
1	Yes	39.39%	13
2	No	60.61%	20
	Total	100%	33

Q37 - Overall, how satisfied/dissatisfied are you with the non-EUI Mental Health professional you saw?



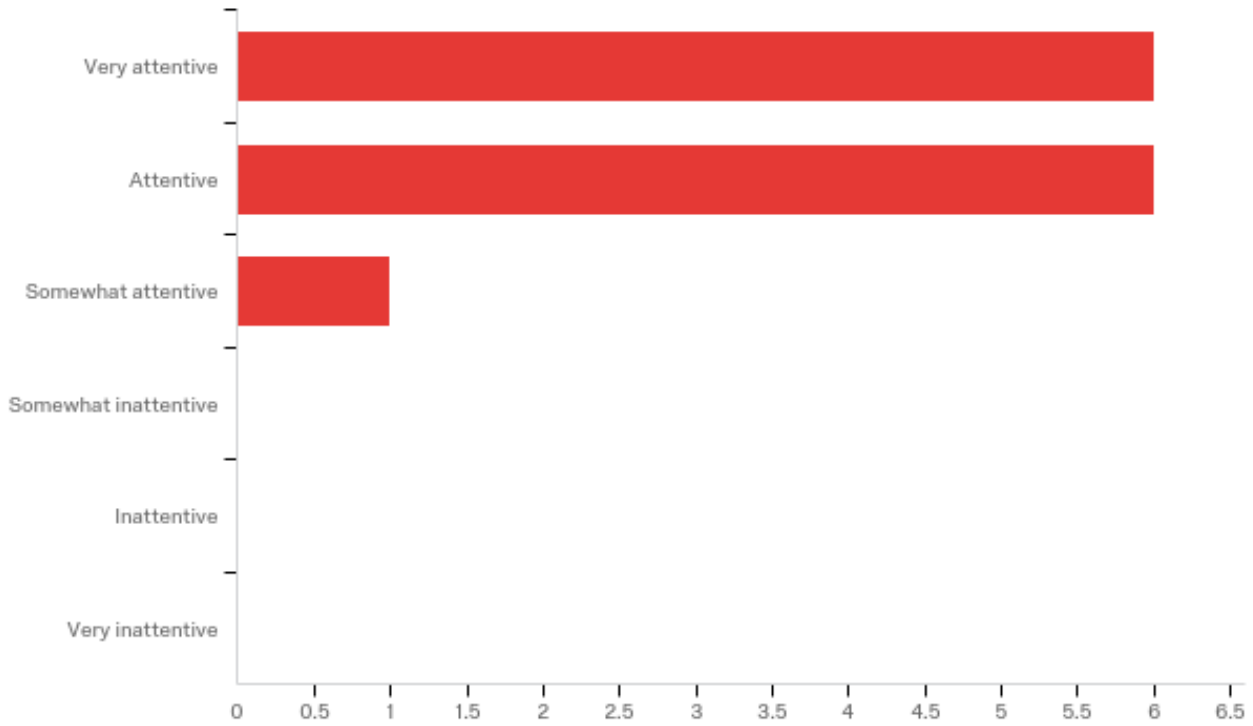
#	Answer	%	Count
1	Very satisfied	30.77%	4
2	Satisfied	46.15%	6
3	Somewhat satisfied	7.69%	1
4	Somewhat dissatisfied	15.38%	2
5	Dissatisfied	0.00%	0
6	Very dissatisfied	0.00%	0
	Total	100%	13

Q38 - How comfortable/uncomfortable did you feel talking to your non-EUI Mental Health professional?



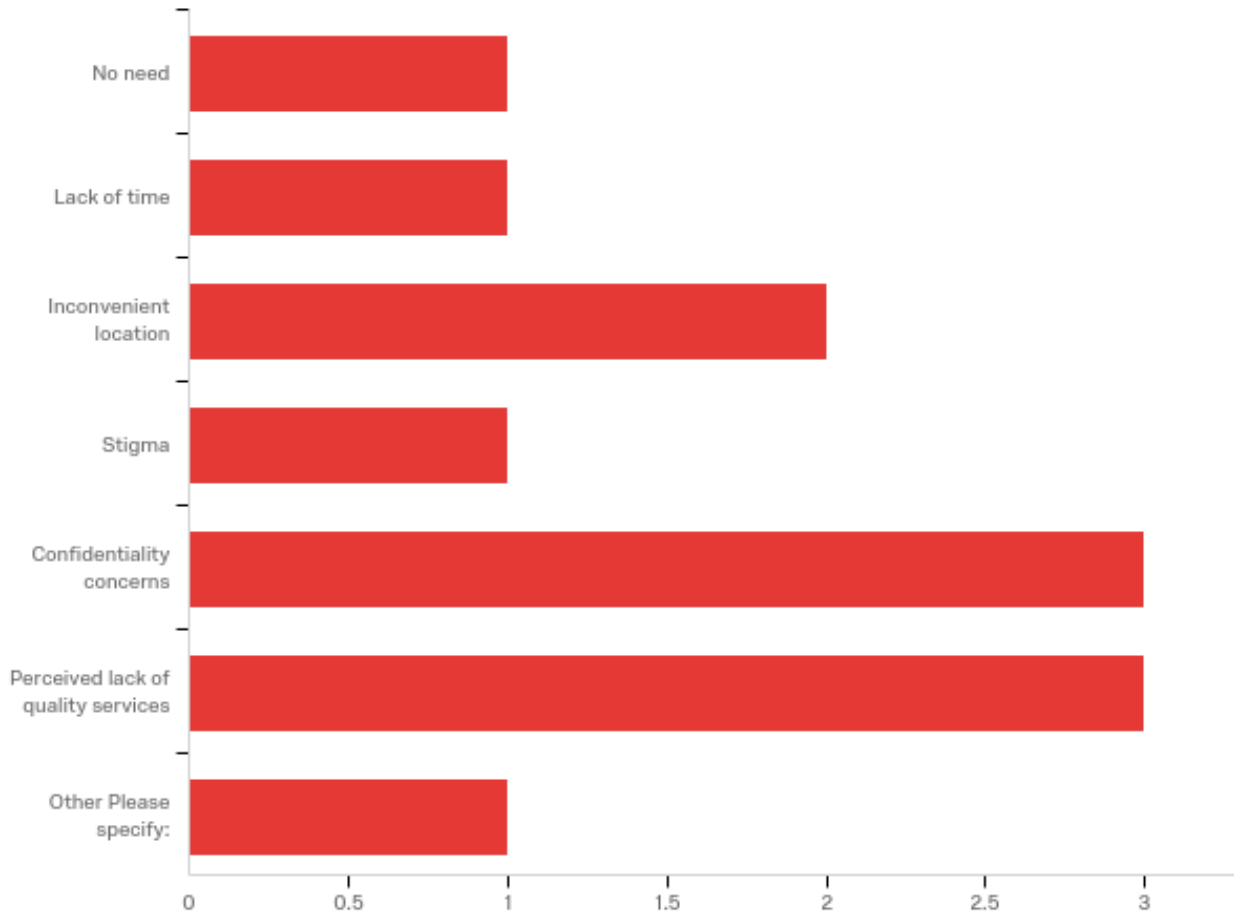
#	Answer	%	Count
1	Very comfortable	46.15%	6
2	Comfortable	53.85%	7
3	Somewhat comfortable	0.00%	0
4	Somewhat uncomfortable	0.00%	0
5	Uncomfortable	0.00%	0
6	Very uncomfortable	0.00%	0
	Total	100%	13

Q39 - How attentive/inattentive do you feel your non-EUI Mental Health professional was to your concerns?



#	Answer	%	Count
1	Very attentive	46.15%	6
2	Attentive	46.15%	6
3	Somewhat attentive	7.69%	1
4	Somewhat inattentive	0.00%	0
5	Inattentive	0.00%	0
6	Very inattentive	0.00%	0
	Total	100%	13

Q40 - If you've known that counselling services are available at the EUI, but you would not (or did not) choose to use them, why would you (or did you) make this choice?



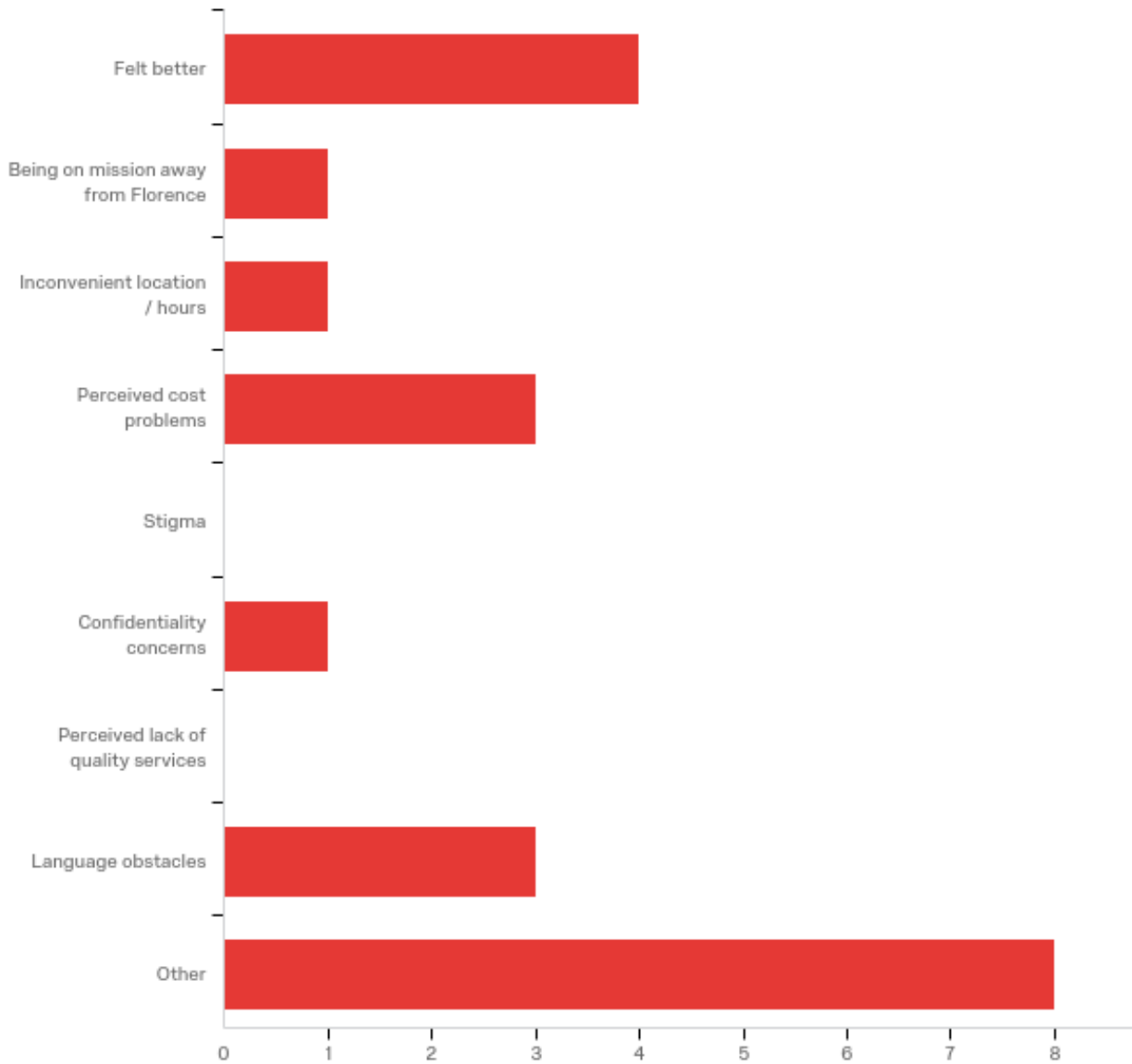
#	Answer	%	Count
1	No need	12.50%	1
2	Lack of time	12.50%	1
3	Inconvenient location	25.00%	2
4	Stigma	12.50%	1
5	Confidentiality concerns	37.50%	3
6	Perceived lack of quality services	37.50%	3
7	Other Please specify:	12.50%	1
	Total	100%	8

Other Please specify:

Other Please specify:

language barrier

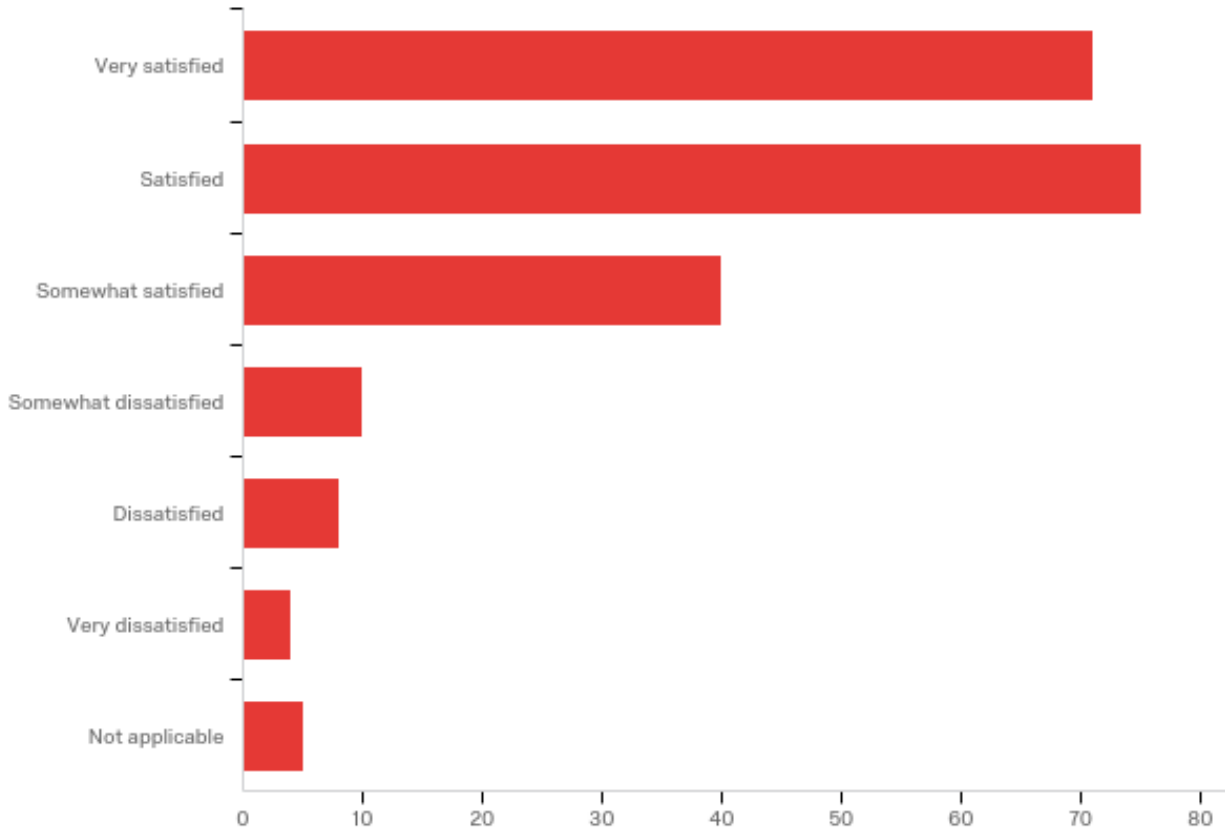
Q36 - why did you not follow up with the non-EUI Mental Health professional?



#	Answer	%	Count
1	Felt better	26.67%	4
2	Being on mission away from Florence	6.67%	1
3	Inconvenient location / hours	6.67%	1
4	Perceived cost problems	20.00%	3
5	Stigma	0.00%	0
6	Confidentiality concerns	6.67%	1
7	Perceived lack of quality services	0.00%	0

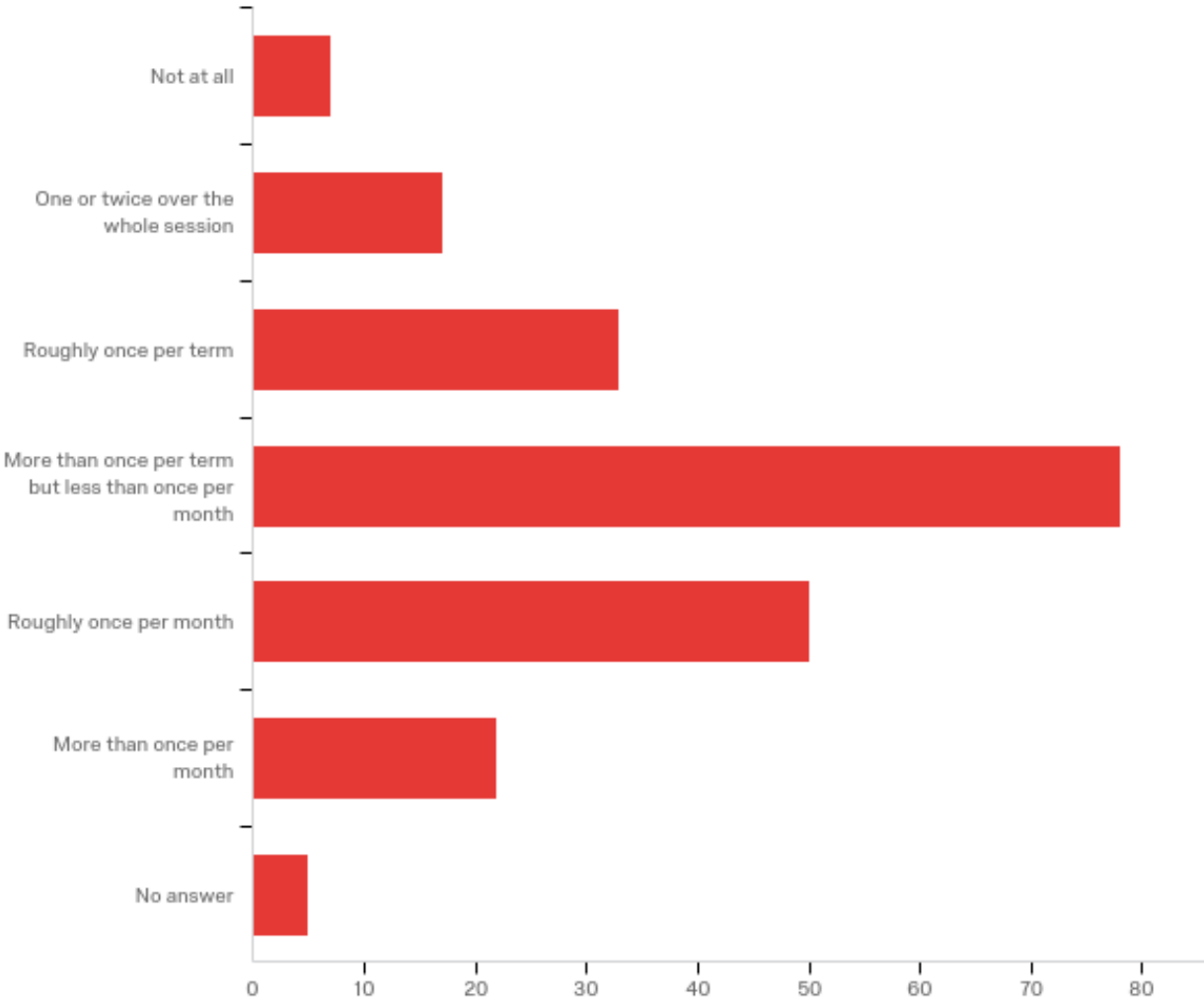
8	Language obstacles	20.00%	3
9	Other	53.33%	8
	Total	100%	15

Q44 - Overall, how satisfied/dissatisfied are you with your supervisor?



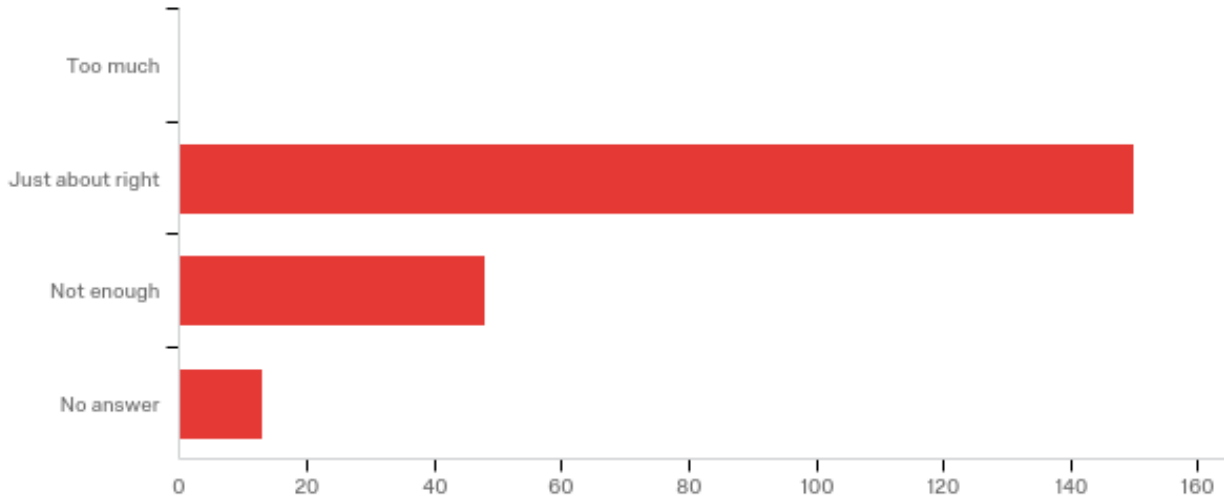
#	Answer	%	Count
1	Very satisfied	33.33%	71
2	Satisfied	35.21%	75
3	Somewhat satisfied	18.78%	40
4	Somewhat dissatisfied	4.69%	10
5	Dissatisfied	3.76%	8
6	Very dissatisfied	1.88%	4
7	Not applicable	2.35%	5
	Total	100%	213

Q45 - How often during the current academic session have you met your supervisor for a supervision?



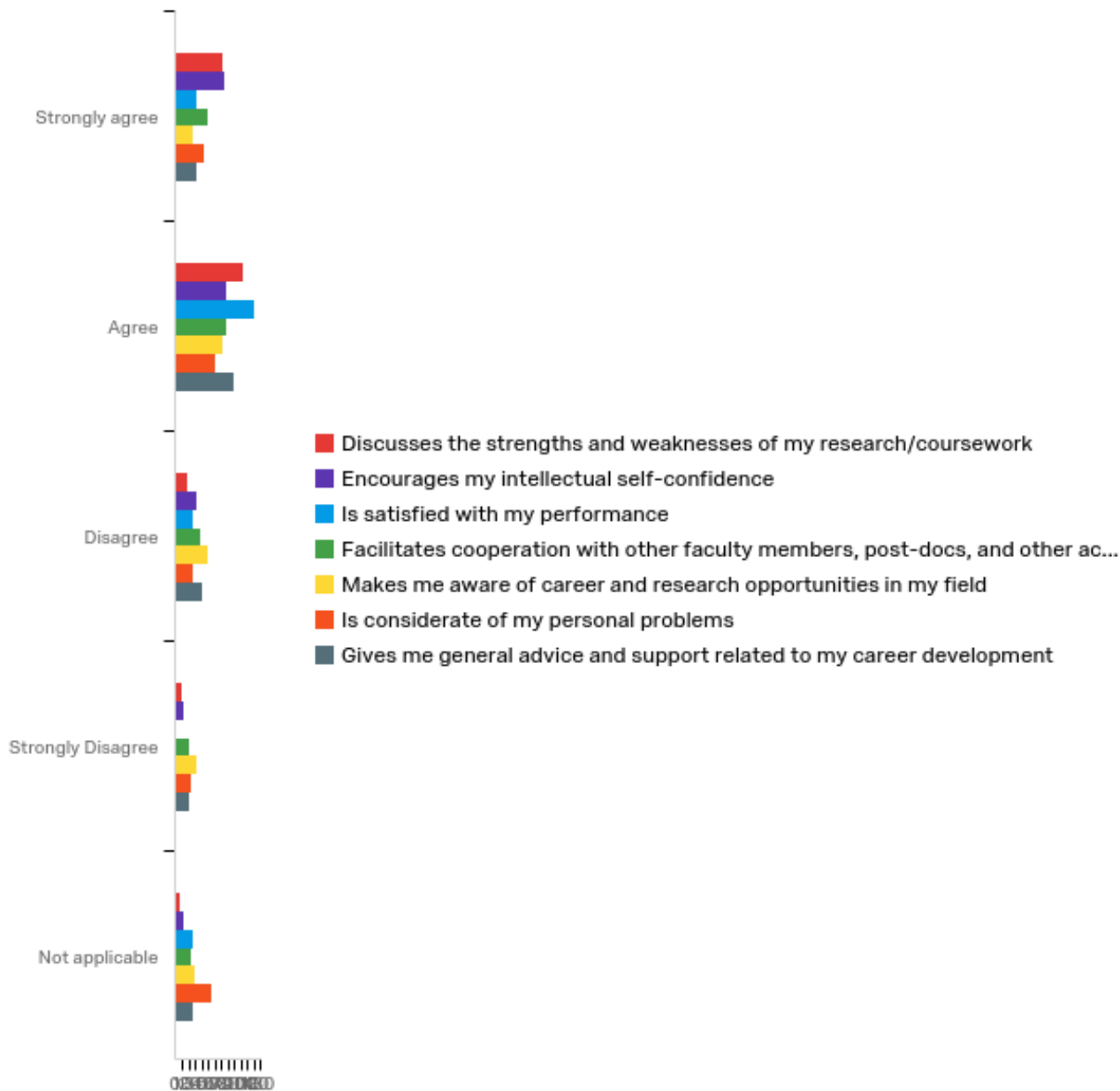
#	Answer	%	Count
1	Not at all	3.30%	7
2	One or twice over the whole session	8.02%	17
3	Roughly once per term	15.57%	33
4	More than once per term but less than once per month	36.79%	78
5	Roughly once per month	23.58%	50
6	More than once per month	10.38%	22
7	No answer	2.36%	5
	Total	100%	212

Q46 - How would you describe the frequency with which you and your supervisor meet?



#	Answer	%	Count
1	Too much	0.00%	0
2	Just about right	71.09%	150
3	Not enough	22.75%	48
4	No answer	6.16%	13
	Total	100%	211

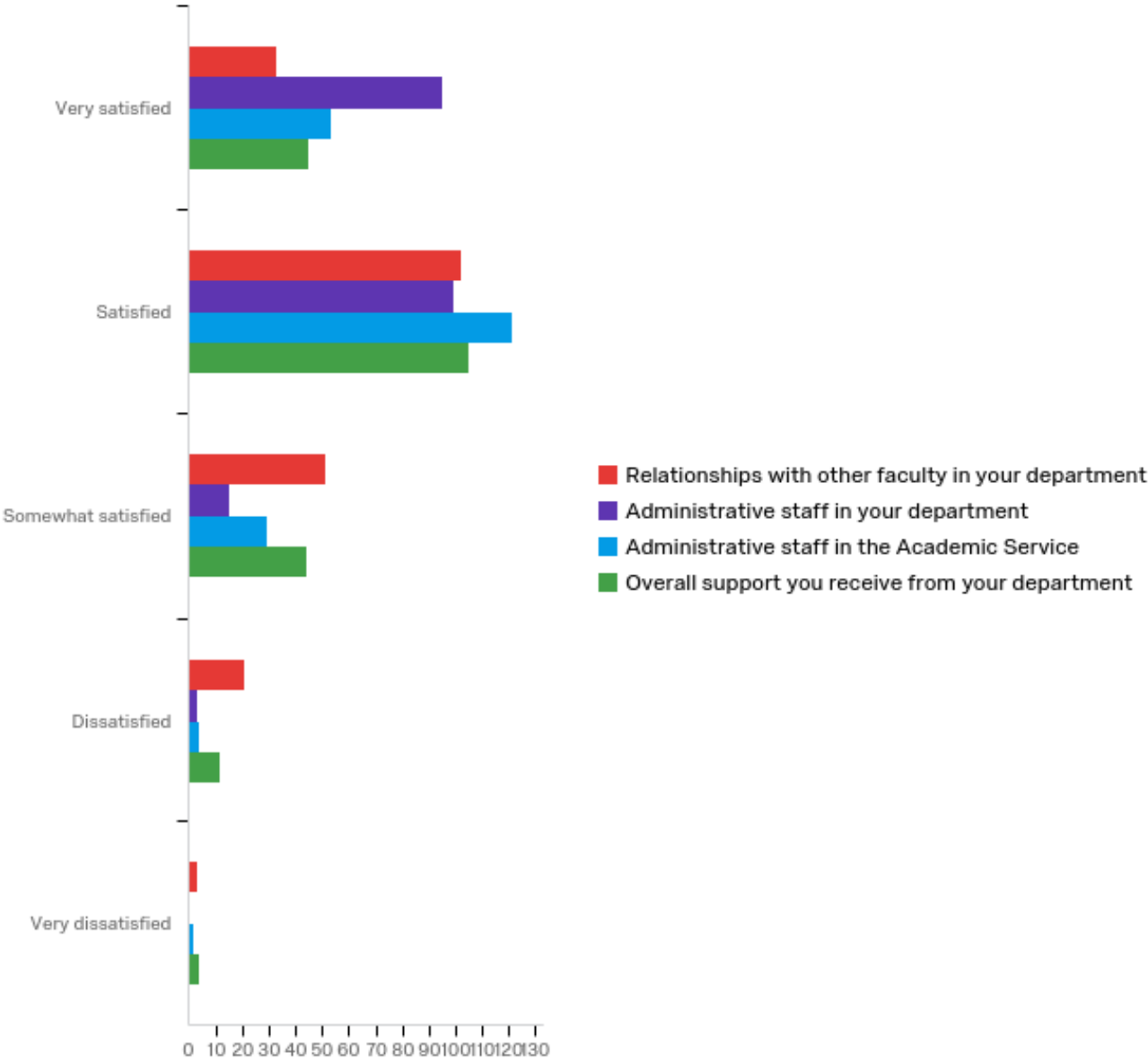
Q47 - To what extent do you agree/disagree with these statements? My supervisor:



#	Question	Strongly agree	Agree	Disagree	Strongly Disagree	Not applicable	Total
1	Discusses the strengths and weaknesses of my research/coursework	34.12% 72	48.82% 103	8.53% 18	4.74% 10	3.79% 8	211
2	Encourages my intellectual self-confidence	36.49% 77	36.97% 78	15.17% 32	5.69% 12	5.69% 12	211
3	Is satisfied with my performance	16.19% 34	57.14% 120	12.86% 27	0.95% 2	12.86% 27	210

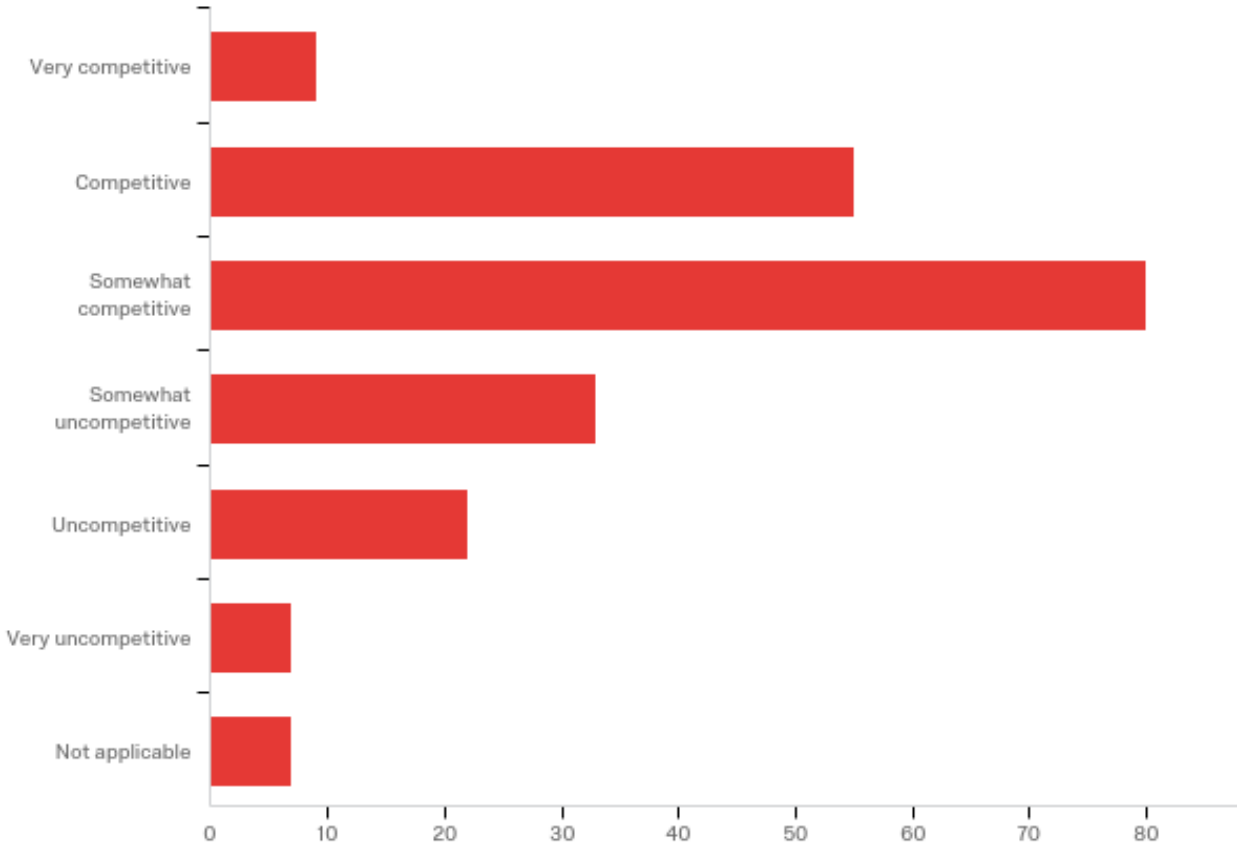
4	Facilitates cooperation with other faculty members, post-docs, and other academic contacts	23.81%	50	37.14%	78	18.10%	38	10.00%	21	10.95%	23	210
5	Makes me aware of career and research opportunities in my field	13.27%	28	34.12%	72	23.70%	50	15.17%	32	13.74%	29	211
6	Is considerate of my personal problems	20.48%	43	29.05%	61	12.38%	26	10.95%	23	27.14%	57	210
7	Gives me general advice and support related to my career development	15.79%	33	43.06%	90	19.14%	40	9.57%	20	12.44%	26	209

Q48 - Overall, how satisfied/dissatisfied are you with the following?



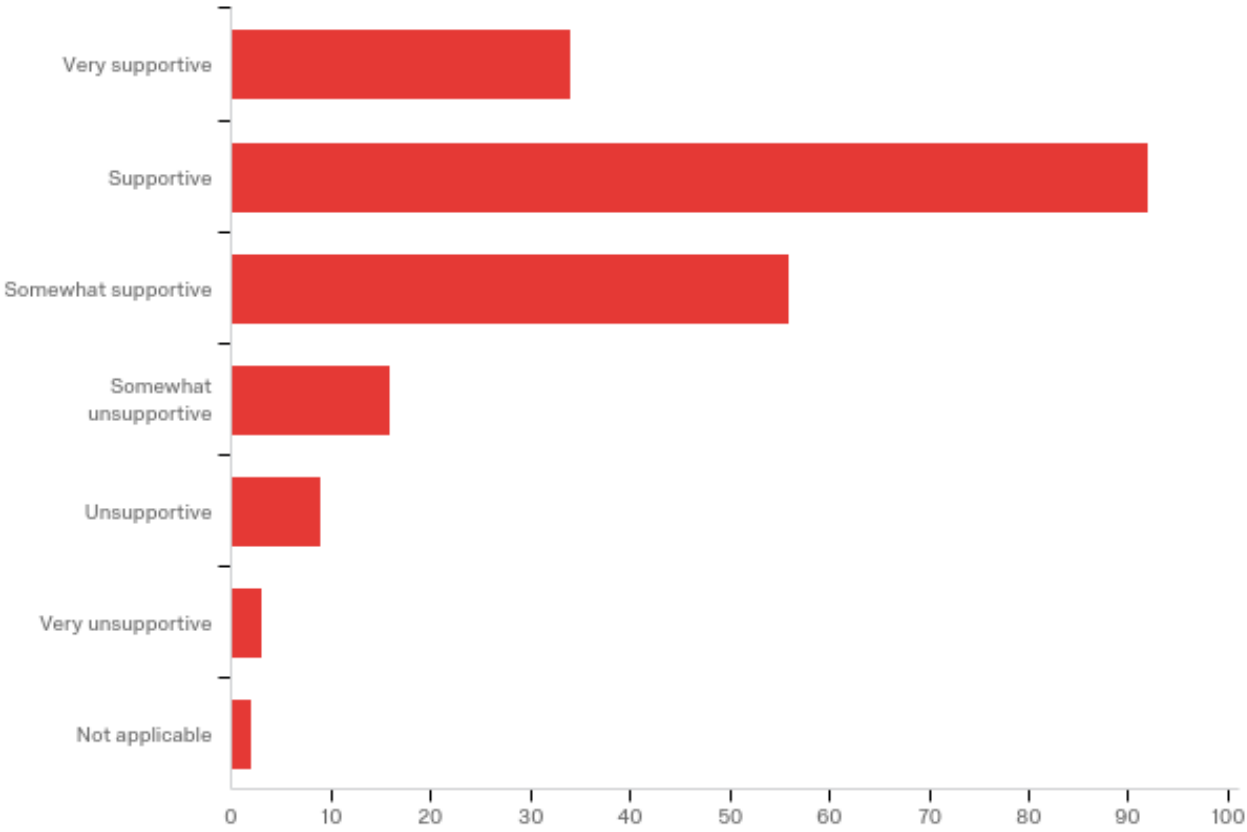
#	Question	Very satisfied		Satisfied		Somewhat satisfied		Dissatisfied		Very dissatisfied		Total
1	Relationships with other faculty in your department	15.71%	33	48.57%	102	24.29%	51	10.00%	21	1.43%	3	210
2	Administrative staff in your department	44.81%	95	46.70%	99	7.08%	15	1.42%	3	0.00%	0	212
3	Administrative staff in the Academic Service	25.36%	53	57.89%	121	13.88%	29	1.91%	4	0.96%	2	209
4	Overall support you receive from your department	21.43%	45	50.00%	105	20.95%	44	5.71%	12	1.90%	4	210

Q49 - How would you rate the overall competitiveness among researchers in your department?



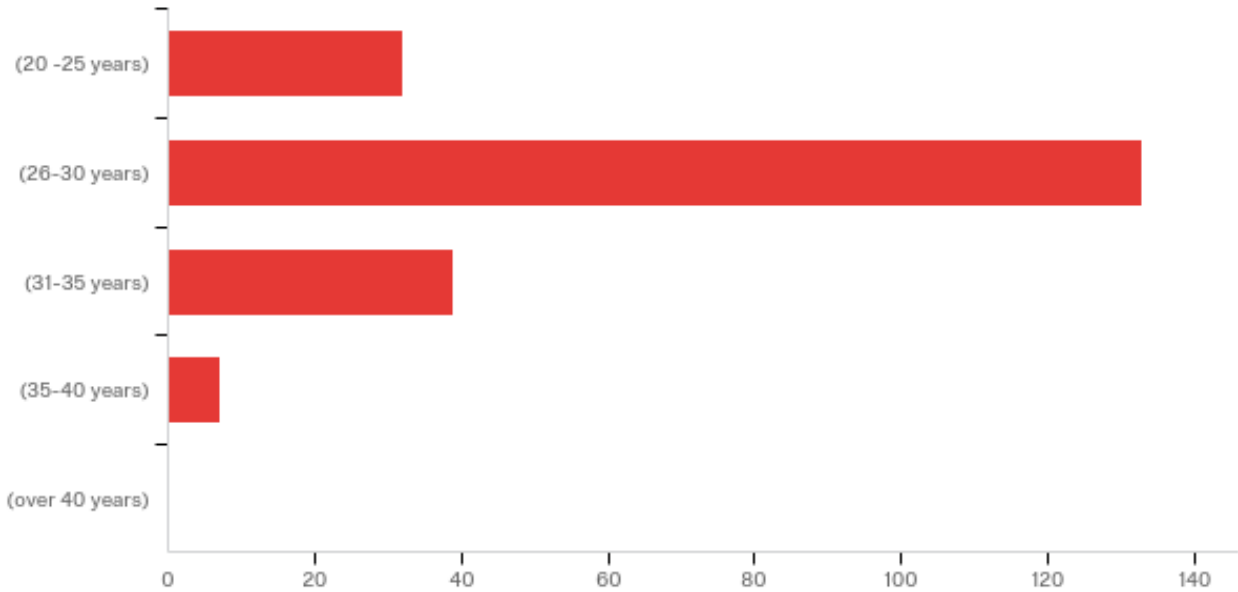
#	Answer	%	Count
1	Very competitive	4.23%	9
2	Competitive	25.82%	55
3	Somewhat competitive	37.56%	80
4	Somewhat uncompetitive	15.49%	33
5	Uncompetitive	10.33%	22
6	Very uncompetitive	3.29%	7
7	Not applicable	3.29%	7
	Total	100%	213

Q50 - How would you rate the overall supportiveness between researchers in your department?



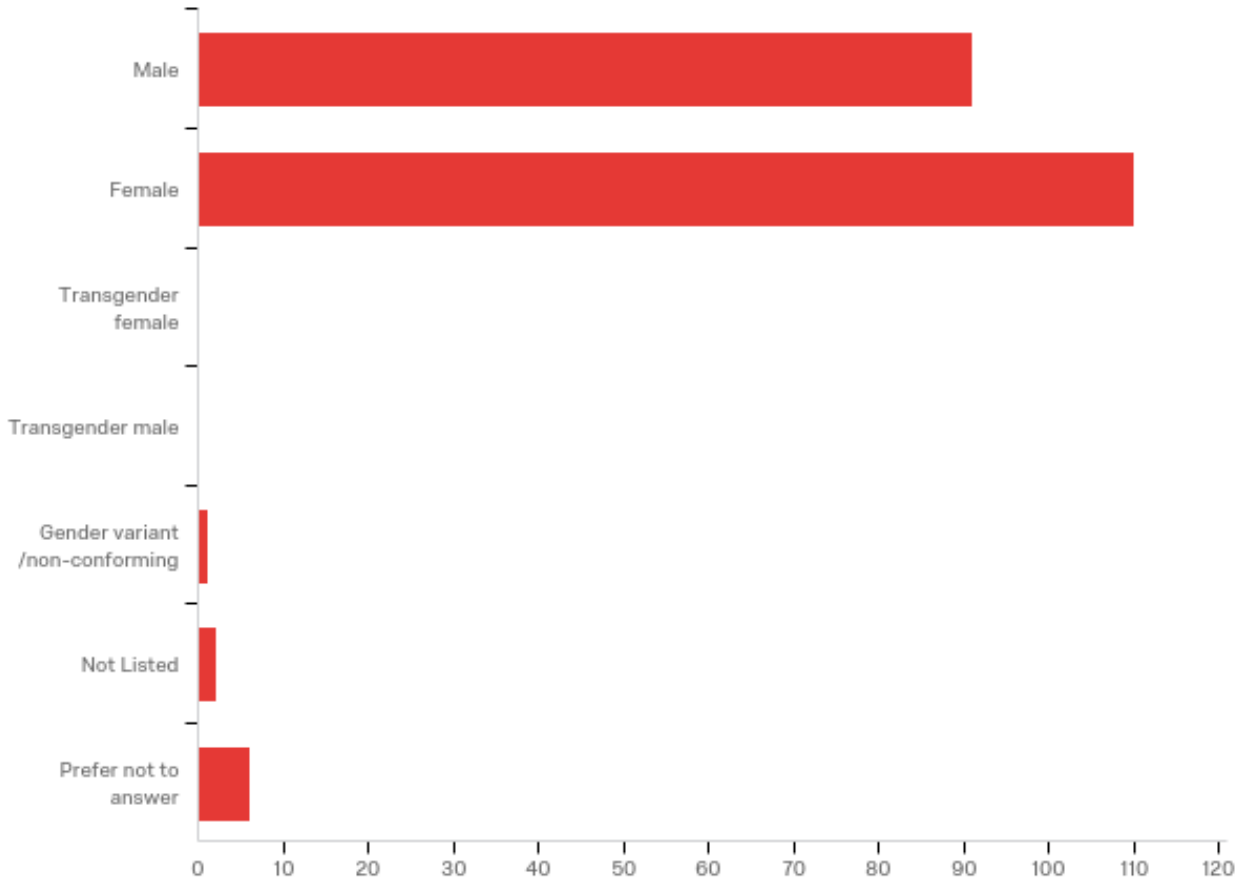
#	Answer	%	Count
1	Very supportive	16.04%	34
2	Supportive	43.40%	92
3	Somewhat supportive	26.42%	56
4	Somewhat unsupportive	7.55%	16
5	Unsupportive	4.25%	9
6	Very unsupportive	1.42%	3
7	Not applicable	0.94%	2
	Total	100%	212

Q52 - What is your age group?



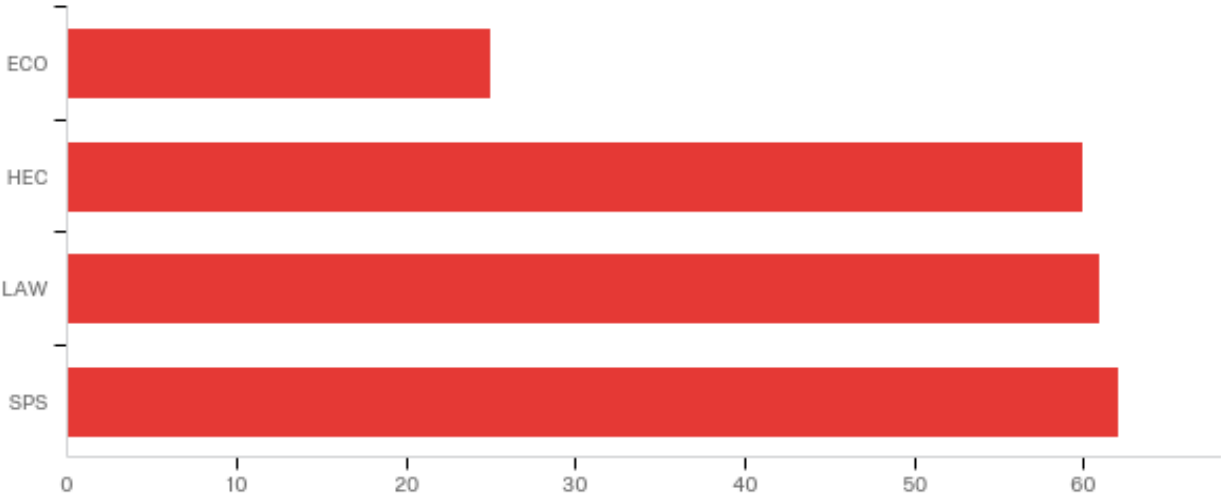
#	Answer	%	Count
1	(20 -25 years)	15.17%	32
2	(26-30 years)	63.03%	133
3	(31-35 years)	18.48%	39
4	(35-40 years)	3.32%	7
5	(over 40 years)	0.00%	0
	Total	100%	211

Q53 - To which gender identity do you most identify?



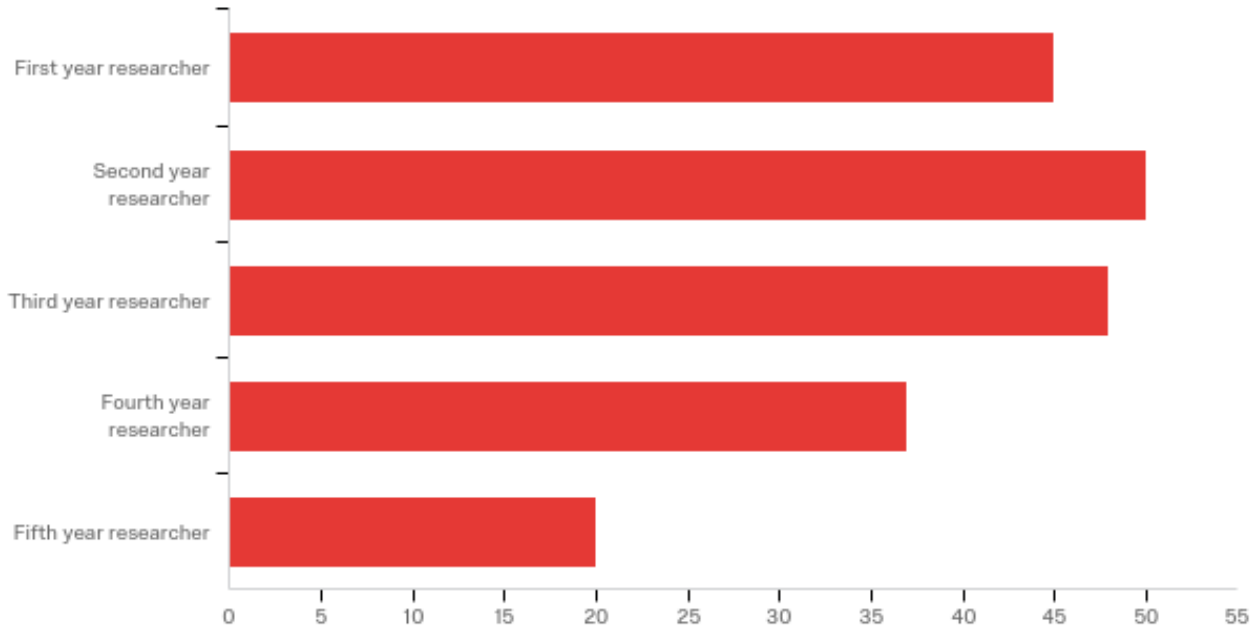
#	Answer	%	Count
1	Male	43.33%	91
2	Female	52.38%	110
3	Transgender female	0.00%	0
4	Transgender male	0.00%	0
5	Gender variant /non-conforming	0.48%	1
6	Not Listed	0.95%	2
7	Prefer not to answer	2.86%	6
	Total	100%	210

Q54 - What is your academic department?



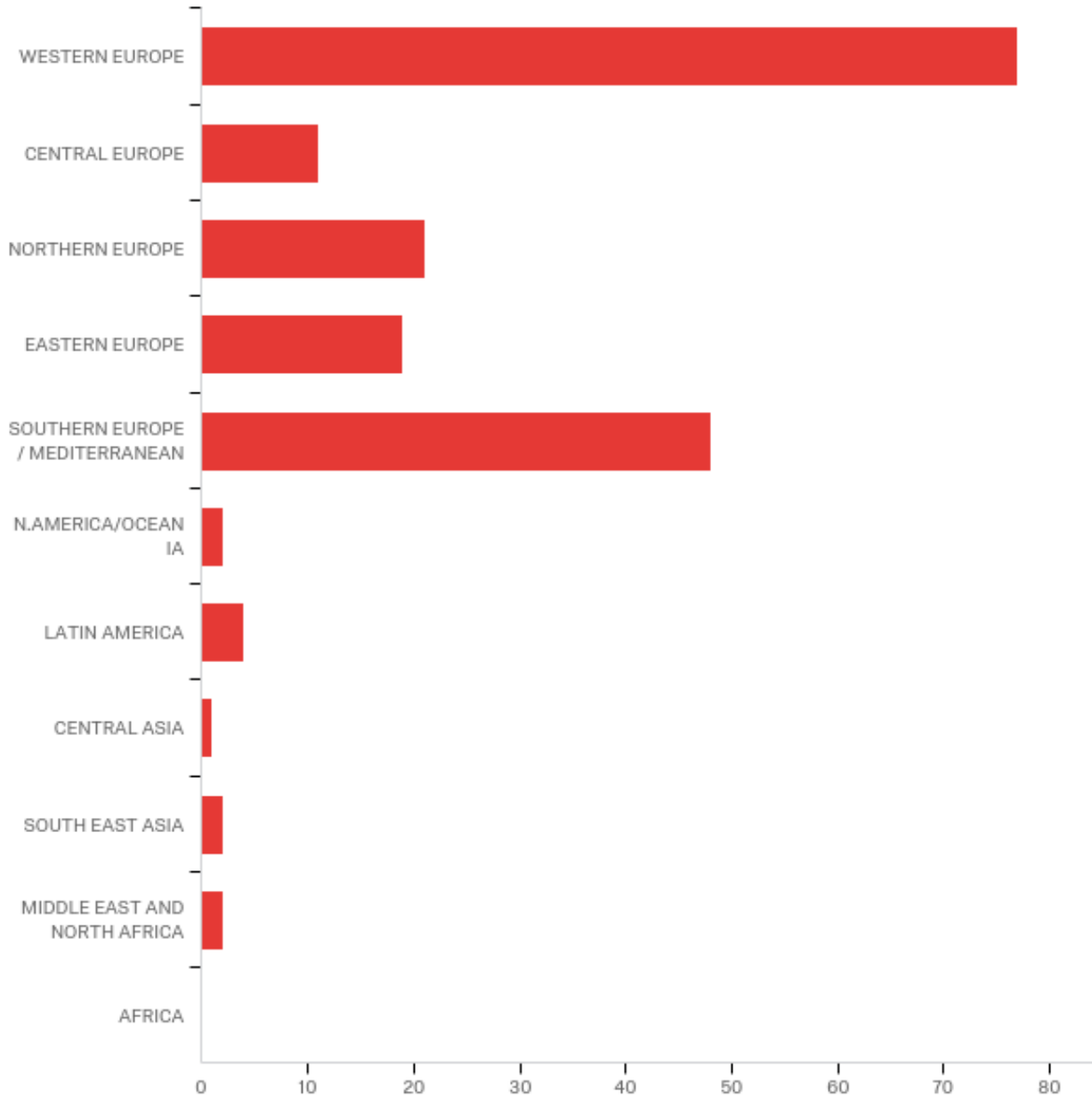
#	Answer	%	Count
1	ECO	12.02%	25
2	HEC	28.85%	60
3	LAW	29.33%	61
4	SPS	29.81%	62
	Total	100%	208

Q55 - What is your Academic Year/ Status?



#	Answer	%	Count
1	First year researcher	22.50%	45
2	Second year researcher	25.00%	50
3	Third year researcher	24.00%	48
4	Fourth year researcher	18.50%	37
5	Fifth year researcher	10.00%	20
	Total	100%	200

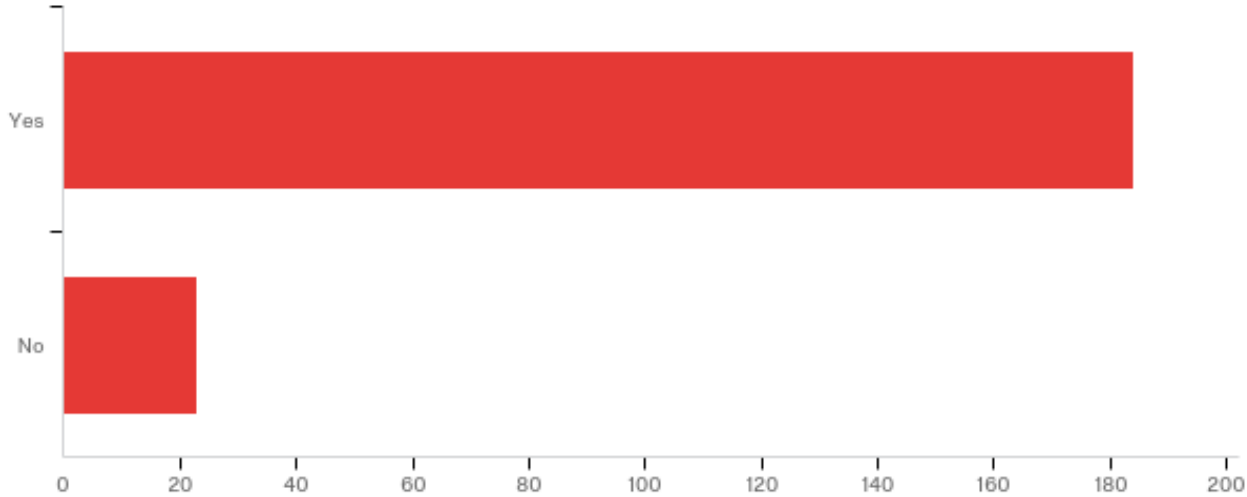
Q56 - Which nationality group do you consider yourself to belong to?



#	Answer	%	Count
1	WESTERN EUROPE	41.18%	77
2	CENTRAL EUROPE	5.88%	11
3	NORTHERN EUROPE	11.23%	21
4	EASTERN EUROPE	10.16%	19
5	SOUTHERN EUROPE / MEDITERRANEAN	25.67%	48

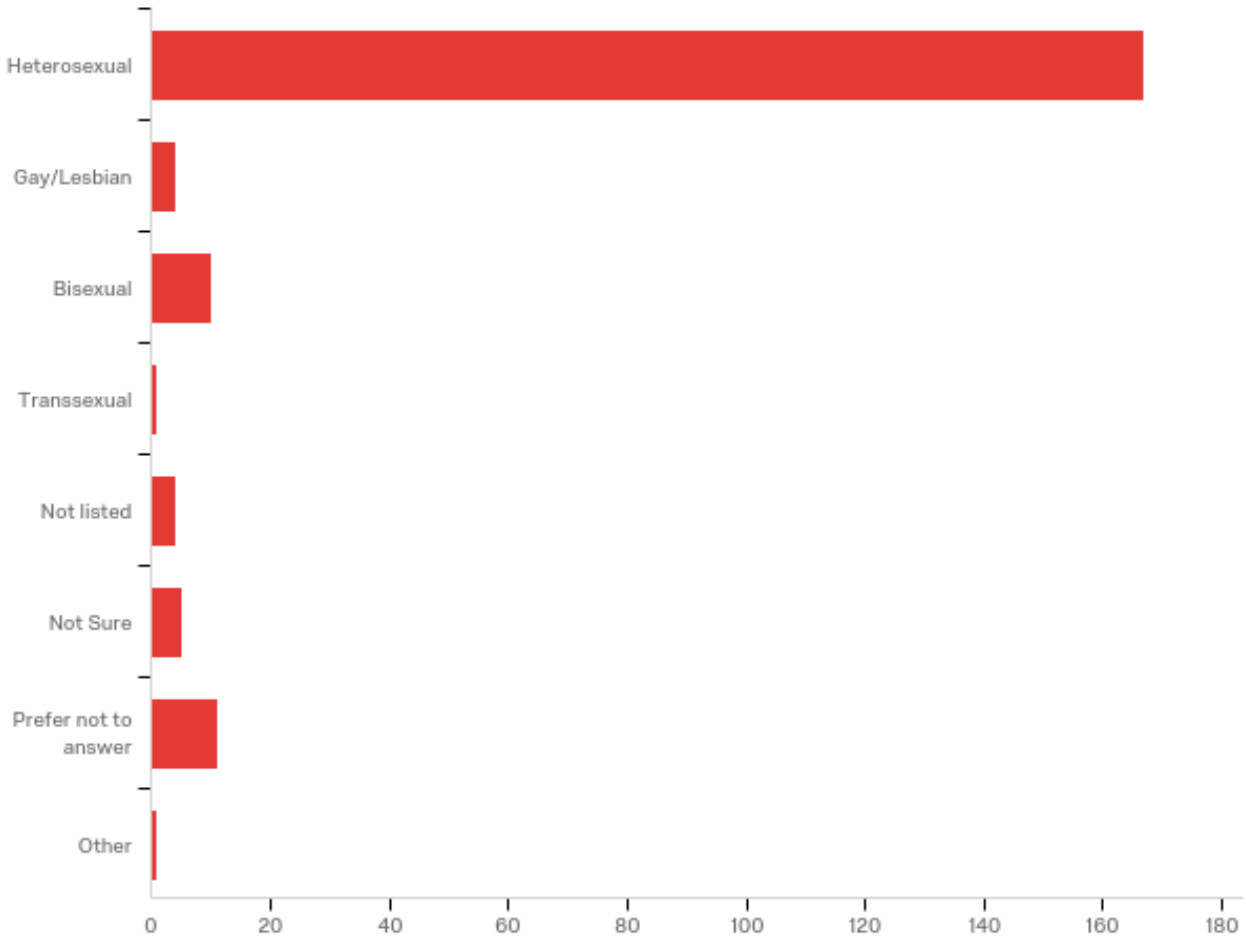
6	N.AMERICA/OCEANIA	1.07%	2
7	LATIN AMERICA	2.14%	4
8	CENTRAL ASIA	0.53%	1
9	SOUTH EAST ASIA	1.07%	2
10	MIDDLE EAST AND NORTH AFRICA	1.07%	2
11	AFRICA	0.00%	0
	Total	100%	187

Q57 - Do you think your linguistic skills facilitate your academic and social life at the EUI?



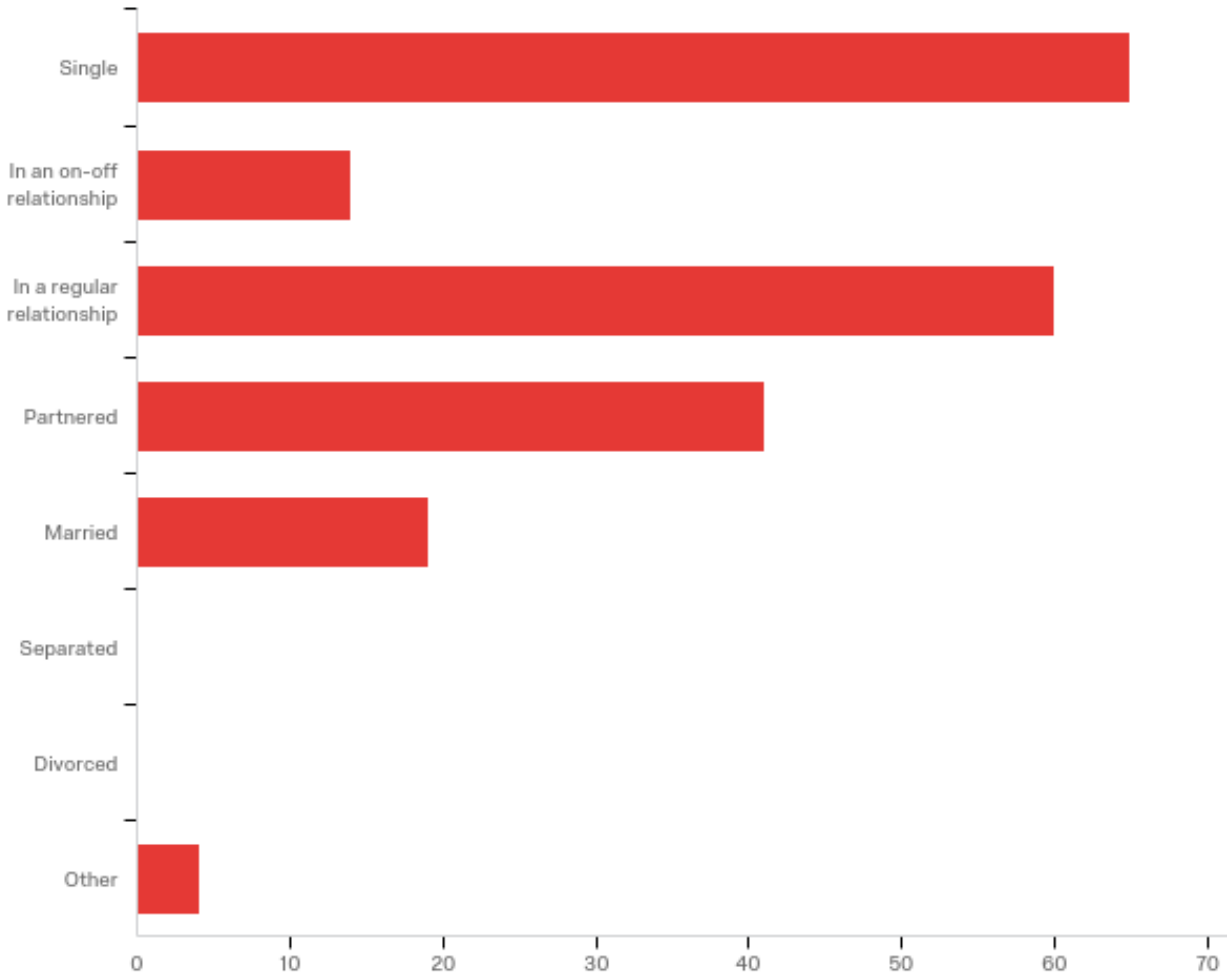
#	Answer	%	Count
1	Yes	88.89%	184
2	No	11.11%	23
	Total	100%	207

Q58 - How do you describe your sexual orientation/identity?



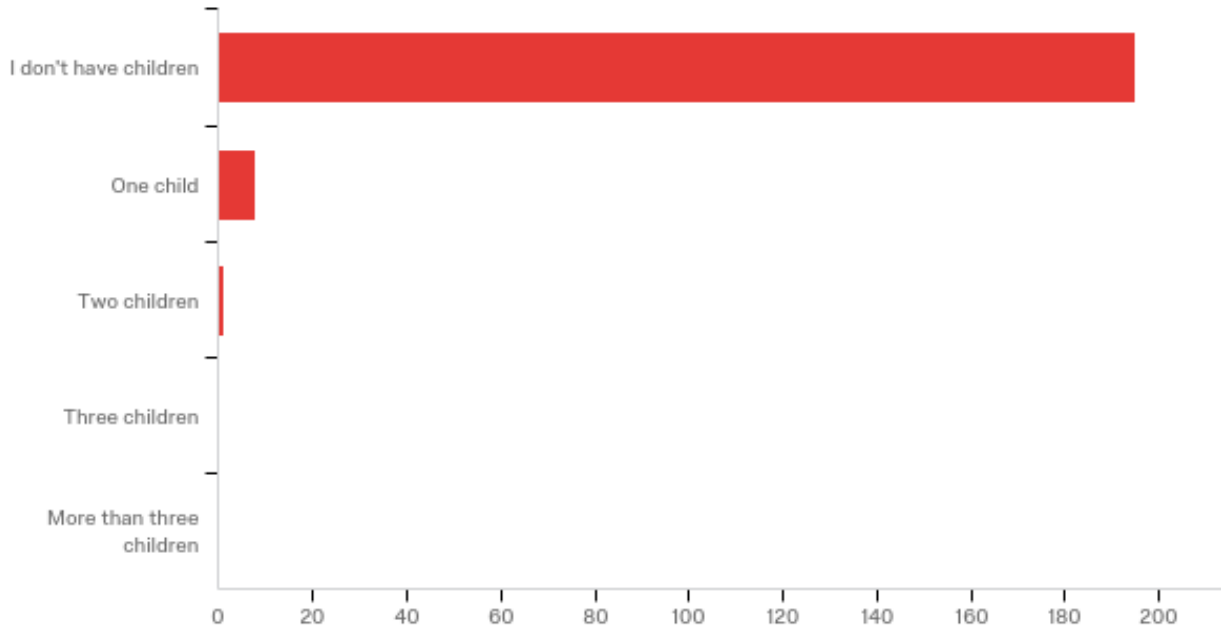
#	Answer	%	Count
1	Heterosexual	82.27%	167
2	Gay/Lesbian	1.97%	4
3	Bisexual	4.93%	10
4	Transsexual	0.49%	1
5	Not listed	1.97%	4
6	Not Sure	2.46%	5
7	Prefer not to answer	5.42%	11
8	Other	0.49%	1
	Total	100%	203

Q59 - How do you describe your relationship status?



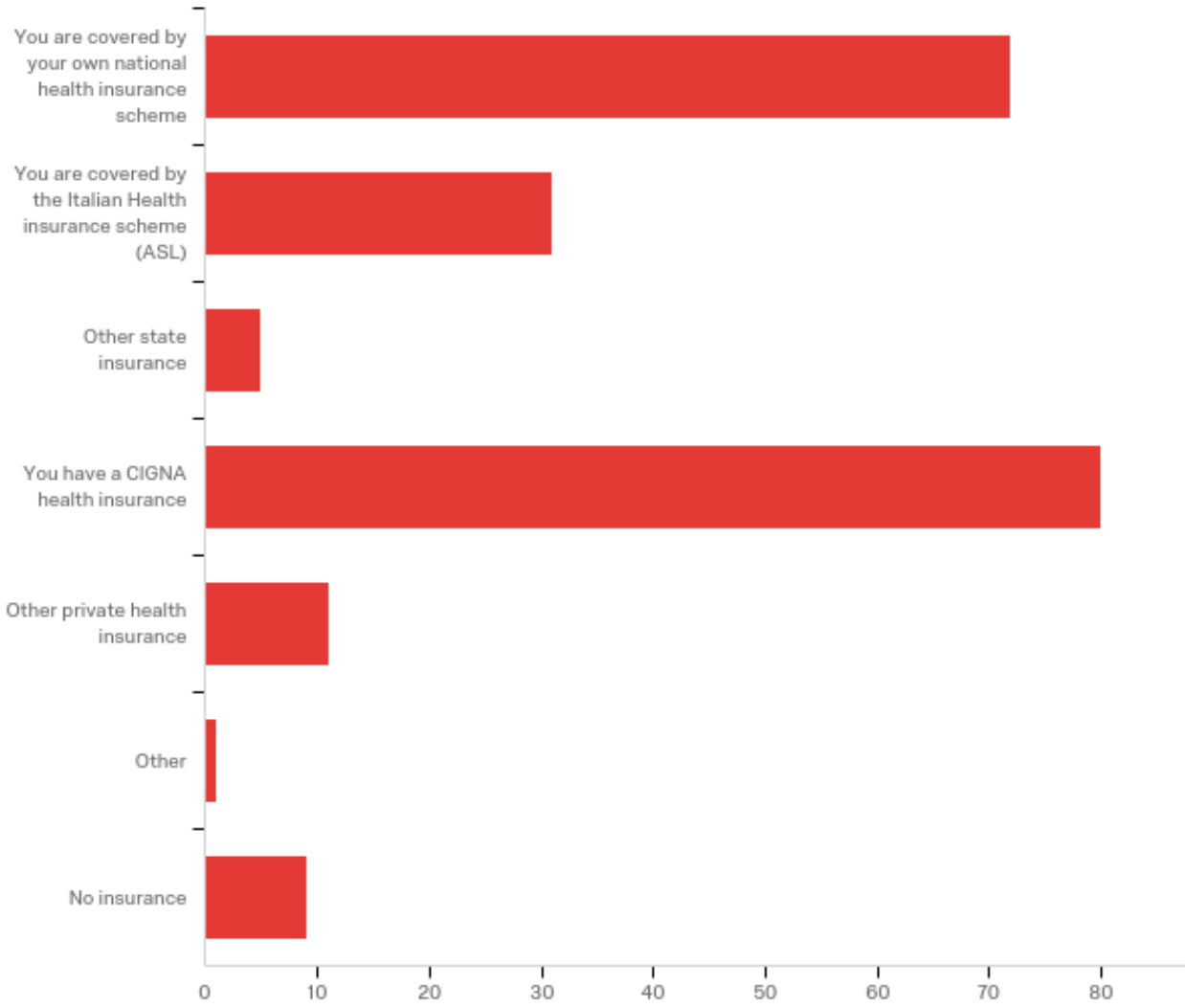
#	Answer	%	Count
1	Single	32.02%	65
2	In an on-off relationship	6.90%	14
3	In a regular relationship	29.56%	60
4	Partnered	20.20%	41
5	Married	9.36%	19
6	Separated	0.00%	0
7	Divorced	0.00%	0
8	Other	1.97%	4
	Total	100%	203

Q60 - How many children do you have (if any)?



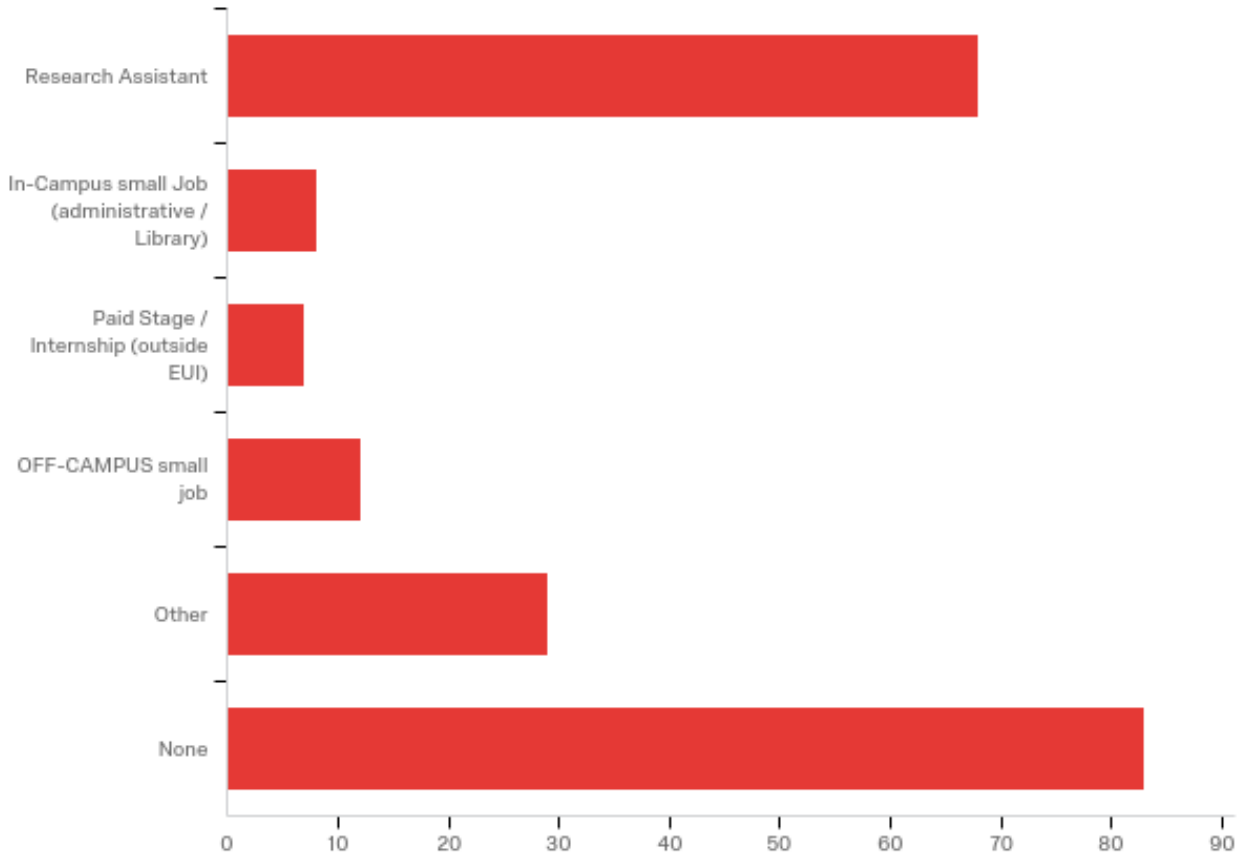
#	Answer	%	Count
1	I don't have children	95.59%	195
2	One child	3.92%	8
3	Two children	0.49%	1
4	Three children	0.00%	0
5	More than three children	0.00%	0
	Total	100%	204

Q61 - What kind of health insurance do you have (if any)?



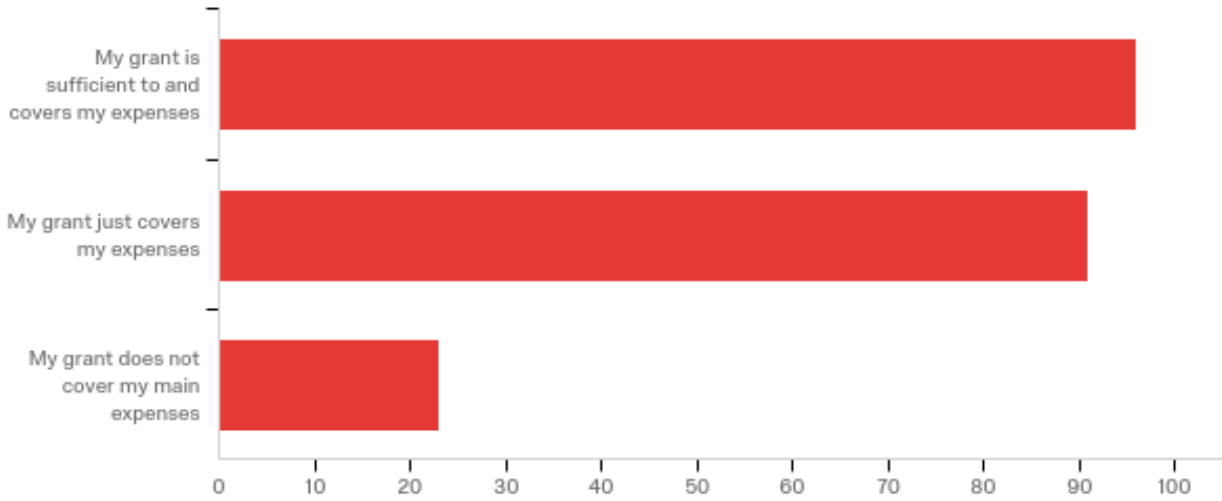
#	Answer	%	Count
1	You are covered by your own national health insurance scheme	34.45%	72
2	You are covered by the Italian Health insurance scheme (ASL)	14.83%	31
3	Other state insurance	2.39%	5
4	You have a CIGNA health insurance	38.28%	80
5	Other private health insurance	5.26%	11
6	Other	0.48%	1
7	No insurance	4.31%	9
	Total	100%	209

Q62 - Over the past 12 months, what kind of work have you done (if any)?



#	Answer	%	Count
1	Research Assistant	32.85%	68
2	In-Campus small Job (administrative / Library)	3.86%	8
3	Paid Stage / Internship (outside EUI)	3.38%	7
4	OFF-CAMPUS small job	5.80%	12
5	Other	14.01%	29
6	None	40.10%	83
	Total	100%	207

Q63 - Which of the following three statements best describes your financial situation?



#	Answer	%	Count
1	My grant is sufficient to and covers my expenses	45.71%	96
2	My grant just covers my expenses	43.33%	91
3	My grant does not cover my main expenses	10.95%	23
	Total	100%	210