



SUMMER MENU



CRECHE

| | Monday | Tuesday | Wedsneday | Thursday | Friday |
|----------|--|---|--|---|---|
| 1ST WEEK | Parmesan risotto <mark>Spinach flan*</mark> Carrots filangè Fruit Bread | Cereal and legume salad Turkey nuggets Sautéed eggplants Fruit Bread | Pasta with zucchini Mozzarella Tomatoes and basil Fruit Bread | Vegetable cream*with pasta Blue shark * au gratin <mark>Sautéed chard</mark> Fruit Bread | Couscous with vegetables Baked chicken thighs Sautéed zucchini Fruit Bread |
| Snack | Bread with tomato | Fruit | Schiacciata | Yogurt | Fruit |
| 2ND WEEK | Ravioli with tomato sauce Milk chicken nuggets Steamed green beans Fruit Bread | Vegetable cream* Pizza margherita Salad Fruit Bread | Pasta with fresh pesto Roast turkey breast Zucchini with mint Fruit Bread | Pasta with vegetables Cod hearts Tomatoes Fruit Bread | Rice and peas <mark>Beef burger</mark> Sautéed carrots Fruit Bread |
| Snack | Bread and extravergine olive oil | Yogurt | Fruit | Cookies | Banana |
| 3RD WEEK | Ravioli butter and sage Lemon chicken breast Tomatoes and basil Fruit Bread | Fresh tomato pasta Lemon roast beef Aubergines in oil Fruit Bread | Bean cream Savory pie with zucchini Sautéed carrots Fruit Bread | Pasta with tomato sauce Ricotta Steamed green beans Fruit Bread | Vegetable minestrone* Baked blue shark* Roasted potatoes* Fruit Bread |
| Snack | Fruit | Homemade dessert | Yogurt | Bread with ham | Fruit |
| 4TH WEEK | Pasta with tomato sauce Roast turkey Sautéed peas* Fruit Bread | Carrot rice <mark>Pork loin</mark> Salad Fruit Bread | Cream of ceci with pastina Stracchino cheese Green beans*, steamed Fruit Bread | Pasta with fresh pesto Ham <mark>Tomatoes</mark> Fruit Bread | Orzotto with vegetables Swordfish* <mark>Sautéed carrots</mark> Fruit Bread |
| Snack | Schiacciata | Fruit | Cookies | Yogurt | Banana |
| | Pr | oducts marked with an aste | risk are frozen and/or deep | -frozen | |