



WINTER MENU NURSERIES



| | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|--|--|---|--|---|---|
| <i>1ST WEEK</i> | Pasta with pesto Ham Sautéed spinach Fresh Fruit Bread | Carrot cream with pasta Beef meatloaf Stewed peas* Fresh Fruit Bread | Spinach* risotto Baked turkey Green beans* Fresh Fruit Bread | Vegetable* soup with pasta Ham omelette Mashed potatoes Fresh Fruit Bread | Ravioli with tomato sauce Sole* fish in miller style Steamed fennel Fresh Fruit Bread |
| <i>Snack</i> | White Milk brick | Banana | Orange fruit | Homemade dessert | Yogurt |
| <i>2nd WEEK</i> | Velvety peas* soup Chicken bites Baked potatoes Fresh Fruit Bread | Polenta with tomato sauce Baked pork loin Fennel with olive oil Fresh Fruit Bread | Velvety Vegetable* soup Pizza margherita Sautéed carrots Fresh Fruit Bread | Pasta with tomato sauce Ricotta cheese Sautéed broccoli Fresh Fruit Bread | Buttered rice Fish sticks* Swiss chard*with oil Fresh Fruit Bread |
| <i>Snack</i> | Orange Fruit | Schiacciata | Yogurt | Banana | Yogurt |
| <i>3RD WEEK</i> | Zucchini and spelt soup Roast turkey Steamed cauliflower Fresh Fruit Bread | Ribollita soup Cheese omelette Sautéed carrots Fresh Fruit Bread | Pasta with tomato sauce Loaded vegetable meatloaf Green beans* with tomato sauce Fresh Fruit Bread | Vegetable* soup Pizzaiola beef strips Lentils with oil Fresh Fruit Bread | Yellow pumpkin rice Cod* hearts/pom. Stewed peas* Fresh Fruit Bread |
| <i>Snack</i> | Bread with ham | Banana | White Milk brick | Yogurt | Homemade dessert |
| <i>4TH WEEK</i> | Pasta with tomato sauce Cheese burgers Sautéed spinach* Fresh Fruit Bread | Vegetable* soup Emery fish*au gratin Roasted potatoes Fresh Fruit Bread | Lasagne with tomato sauce Chicken bites Steamed broccoli Fresh Fruit Bread | Creamy carrot zucchini soup Pizza with ham Fresh Fruit | Green pea* risotto Ricotta cheese Sautéed fennel Fresh Fruit Bread |
| <i>Snack</i> | Yogurt | Banana | Homemade dessert | Orange fruit | Yogurt |
| <i>Products marked with an asterisk* are frozen</i> | | | | | |