



WINTER MENU NURSERIES



	<i>Monday</i>	<i>Tuesday</i>	<i>Wedsneday</i>	<i>Thursday</i>	<i>Friday</i>
<i>1ST WEEK</i>	Pasta with pesto Ham Sautéed spinach Fresh Fruit Bread	Carrot cream with pasta Beef meatloaf Stewed peas* Fresh Fruit Bread	Spinach* risotto Baked turkey Green beans* Fresh Fruit Bread	Vegetable* soup with pasta Chicken bites Mashed potatoes Fresh Fruit Bread	Ravioli with tomato sauce Fillet of sole* Steamed fennel Fresh Fruit Bread
<i>Snack</i>	Schiacciata	Banana	Orange	Homemade dessert	Plain yogurt
<i>2nd WEEK</i>	Cream of peas* soup Chicken bites Baked potatoes Fresh Fruit Bread	Polenta with tomato sauce Baked pork loin Fennel with olive oil Fresh Fruit Bread	Cream of vegetable* soup Pizza margherita Sautéed carrots Fresh Fruit Bread	Pasta with tomato sauce Ricotta cheese Sautéed broccoli Fresh Fruit Bread	Plain rice with butter Fish sticks* Swiss chard*with oil Fresh Fruit Bread
<i>Snack</i>	Colussi Cookies	Schiacciata	Plain yogurt	Banana	Plain yogurt
<i>3RD WEEK</i>	Pasta with olive oil and Parmesan Roasted turkey Steamed cauliflower Fresh Fruit Bread	Ribollita soup Cheese omelette Sautéed carrots Fresh Fruit Bread	Pasta with tomato sauce Vegetable meatloaf Green beans* with tomato sauce Fresh Fruit Bread	Vegetable* soup Pizzaiola beef strips Lentils with oil Fresh Fruit Bread	Yellow pumpkin rice Cod* in tomato sauce Stewed peas* Fresh Fruit Bread
<i>Snack</i>	Tuscan bread with ham	Banana	Plain yogurt	Schiacciata	Homemade dessert
<i>4TH WEEK</i>	Pasta with tomato sauce Cheese burgers Sautéed spinach* Fresh Fruit Bread	Vegetable* soup Fish sticks* Roasted potatoes Fresh Fruit Bread	Lasagne with meat sauce Steamed broccoli Fresh Fruit Bread	Creamy carrot and zucchini soup Pizza with ham Fresh Fruit	Green pea* risotto Ricotta cheese Sautéed fennel Fresh Fruit Bread
<i>Snack</i>	Plain yogurt	Banana	Colussi Cookies	Orange	Bread with tomatoes
<i>Products marked with an asterisk* are frozen</i>					